

Treatment Menus

Physician-led protocols, indicative pricing in Thai baht and clinical indications. Final protocol and price are confirmed at consultation.

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|-----------------------------|-------------------------|
| 1. Comprehensive Check-Up | 2. Longevity Program |
| 3. Fly-In Program | 4. Stem Cell Therapy |
| 5. Exosome Therapy | 6. IV Drip Therapy |
| 7. Peptide Therapy | 8. Neuro Exosome IV |
| 9. Placenta Hormone Therapy | 10. Men's Hormone / TRT |

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COMPREHENSIVE BIOMARKERS ASSESSMENT · 2026 EDITION

Check-Up Program

A complete menu of physician-led biomarker assessments, advanced hormone mapping, specialist screenings, genetic tests and gut microbiome analysis — each designed to give you a precise, objective picture of your biology.

Health Packages

Hormone Mapping (DUTCH)

Specialist Assessments

Micronutrient & Functional

Genetic & Longevity

Gut & Food Sensitivity

Cancer Screening

Immune & Metabolomic

Advanced Imaging

Intimate Health

Every package includes a doctor consultation, InBody composition analysis and a personalised clinical report. Fasting of 10–12 hours is required for accurate metabolic, glucose and lipid results.

Health Packages

Foundation to Ultimate — physician-led screening & longevity assessment.

Four tiers of comprehensive biomarker screening, from a core metabolic baseline to full-spectrum longevity analysis. Each tier includes a doctor consultation, InBody composition analysis and follow-up consultation.

Foundation Health

10,500 THB

Proactive baseline screening for optimal well-being.

HOW IT WORKS

Evaluates metabolic health, inflammation, organ function and key longevity markers: Hematology (CBC + G-6-PD), Inflammation & Coagulation (hs-CRP, Fibrinogen, Homocysteine, ESR, D-Dimer, Ferritin), Kidney & Liver, Uric Acid & Urinalysis, Vitamins & Minerals (D, B12, Folate, Magnesium, Zinc), Metabolic Profile (Fasting Glucose, HbA1c, Lipid Panel).

IDEAL FOR

Individuals seeking proactive health management and early detection.

KEY ACTIONS

- Doctor consultation
- Follow-up consultation

- InBody composition analysis

Advanced Health

30,000 THB

Deep metabolic, hormonal & longevity evaluation.

HOW IT WORKS

Everything in Foundation plus Advanced Metabolic Profile (ApoB, Lp(a), HOMA-IR) and Gut Microbiome Sequencing (species-level diversity & dysbiosis).

IDEAL FOR

Those seeking a deeper, data-driven understanding of metabolic, hormonal and longevity status — enabling early detection, risk stratification and personalised optimisation.

KEY ACTIONS

- Everything in Foundation
- Gut microbiome sequencing

- Advanced metabolic markers

Elite Health

65,000 THB

Advanced multi-system analysis including environmental toxicity.

HOW IT WORKS

Everything in Advanced plus Full Hormone Panel (15 markers incl. IGF-1), Cancer Screening (7 tumour markers) and Heavy Metal Profile (9 metals).

IDEAL FOR

Those wanting a complete picture of the factors driving inflammation, hormonal disruption and accelerated aging.

KEY ACTIONS

- Everything in Advanced
- 7 tumour markers

- Full hormone panel (15 markers)
- 9 heavy metals

Ultimate Health

90,000 THB

Full-spectrum precision optimisation at the highest level.

HOW IT WORKS

Everything in Elite plus an 18-panel Micronutrient & Antioxidant profile — identifying the functional nutritional deficiencies routine panels miss.

IDEAL FOR

Those pursuing the most complete functional and nutritional picture available.

KEY ACTIONS

- Everything in Elite

- 18-panel micronutrient & antioxidant profile

Advanced Hormone Mapping (DUTCH)

Dried-urine testing of hormones & metabolites — the full picture serum can't show.

The DUTCH (Dried Urine Test for Comprehensive Hormones) range maps not just hormone levels but how your body produces, metabolises and clears

them — including the cortisol rhythm and neurotransmitter byproducts.
Collected at home over a single day; interpreted by a longevity physician.

DUTCH Complete — Hormones & Neurotransmitters

27,000 THB

Most comprehensive

35 hormones plus organic-acid (OAT) neurotransmitter markers in one panel.

HOW IT WORKS

Maps sex hormones and their metabolites, the full daily free-cortisol and cortisone rhythm, DHEA, melatonin and organic-acid markers reflecting B-vitamin status, oxidative stress and neurotransmitter turnover.

IDEAL FOR

Anyone investigating complex hormonal, mood, sleep, stress or energy patterns that serum testing alone cannot explain.

DUTCH Complete Adrenal Test

17,000 THB

Full daily cortisol & cortisone rhythm with DHEA.

HOW IT WORKS

Four-to-five timed dried-urine collections map the free-cortisol and cortisone curve across the day plus DHEA-S — revealing HPA-axis dysfunction behind fatigue, burnout and disrupted sleep.

Sleep & Stress Profile

16,000 THB

Cortisol x4 and melatonin x4 across the day and night.

HOW IT WORKS

Tracks the cortisol awakening response and evening melatonin to pinpoint circadian-rhythm and stress-axis disruption driving insomnia, early waking and non-restorative sleep.

DUTCH Sex Hormone Metabolites

20,500 THB

Estrogen, androgen & progesterone metabolite pathways.

HOW IT WORKS

Shows how estrogens are metabolised down protective vs. less-favourable pathways, androgen conversion (incl. DHT) and progesterone metabolites — guiding hormone-optimisation and risk-reduction strategies.

Specialist Assessments

Targeted precision diagnostics, each with physician consultation & report.

Male Vitality & Hormonal Performance

12,000 THB

incl. physician consultation & report

A definitive assessment of hormonal architecture and metabolic performance for men.

HOW IT WORKS

Maps testosterone, insulin resistance, cortisol and thyroid function — identifying imbalances driving fatigue, poor recovery, visceral fat, muscle loss and cognitive fog, often years before symptoms emerge.

IDEAL FOR

Men seeking mastery over energy, body composition and cognitive sharpness.

Female Hormonal Assessment

13,000 THB

incl. physician consultation & report

Complete clarity over the hormonal landscape underlying fatigue, mood and cycle.

HOW IT WORKS

FSH, LH, estradiol and progesterone map ovarian reserve, cycle regularity and perimenopause status; cortisol, thyroid, DHEA-S, insulin and IGF-1 reveal energy, mood, sleep and biological-aging drivers.

WHEN TO SEE EFFECT

Optimal timing: Day 2–5 of the menstrual cycle for baseline accuracy.

IDEAL FOR

Women investigating fatigue, mood disruption, weight irregularity or cycle changes.

Hair & Scalp Health Assessment

Root-cause analysis for hair loss with a physician-directed treatment plan.

10,000 THB

incl. physician consultation & treatment plan

HOW IT WORKS

Investigates the hormonal (DHT), nutritional (ferritin, zinc, B12, folate, Vitamin D), thyroid and metabolic drivers of thinning, follicular miniaturisation and alopecia.

Micronutrient & Vitamin Analysis

18-panel functional nutritional & antioxidant assessment.

14,500 THB

incl. physician consultation & supplementation plan

HOW IT WORKS

Assesses 18 vitamins, minerals, antioxidants and carotenoids at functional tissue levels (incl. CoQ10, Vitamin A/C/E, lutein, lycopene, selenium, zinc, magnesium, ferritin, B12, folate, Vitamin D) — the silent deficiencies routine panels miss.

OmegaCHEK — Fatty Acid Profile

5,900 THB

Omega-3 / omega-6 balance and inflammatory fatty-acid status.

HOW IT WORKS

Measures the omega-3 index and the omega-6:omega-3 ratio — key drivers of cardiovascular risk, inflammation and cognitive health — to guide precise dietary and supplementation strategy.

NAD Profile

12,400 THB

9 markers of cellular energy & NAD+ metabolism.

HOW IT WORKS

Quantifies NAD+ and related metabolites across the cellular-energy pathway — informing NAD+ optimisation, mitochondrial support and longevity protocols.

IgG Food Sensitivity & Intolerance

Advanced

25,000 THB

240+ food antigens tested to identify delayed dietary triggers.

HOW IT WORKS

Detects IgG-mediated food intolerances (delayed 24–72 h reactions) behind bloating, fatigue, weight gain, fluid retention, joint pain, brain fog and inflammatory skin flares.

Heavy Metal & Environmental Toxin Profile

6,500 THB

Quantifies accumulated burden of 9 toxic metals.

HOW IT WORKS

Includes physician evaluation for chelation-therapy candidacy and a bespoke evidence-based detoxification protocol.

Cancer Screening

Structured early detection — time is the most valuable clinical advantage.

Cancer General Screening Program

5,900 THB

Seven tumour-associated biomarkers across the most significant cancer types.

incl. physician consultation

HOW IT WORKS

Evaluates AFP, CEA, PSA, CA 19-9, CA-125, CA 15-3 and NSE — spanning liver, colorectal, prostate, pancreatic, ovarian, breast and lung malignancies.

IDEAL FOR

Individuals over 40, those with a family history of malignancy, or anyone seeking structured early detection.

Circulating DNA (ctDNA) Cancer Screening

19,900 THB

single non-invasive blood draw

Next-gen

Next-generation screening across 10 body systems from one blood draw.

HOW IT WORKS

Detects early molecular signals of malignancy via circulating tumour DNA — before a tumour reaches imaging visibility. Covers liver, pancreas, lungs, colorectal, breast, ovarian, gastric, esophageal, head & neck and endometrial.

Genetic & Longevity Tests

Understand your true biological age, genetics and cellular health.

Telomere Length

9,500 THB

Cellular aging & longevity potential.

HOW IT WORKS

Measures the length of your telomeres — the protective caps on your chromosomes — a direct marker of cellular aging and biological resilience.

BioAge — Biological Age Test

15,000 THB

DNA methylation analysis of your true cellular age.

HOW IT WORKS

Reveals how fast your cells are aging versus your chronological age. Analysed by a U.S. CLIA-certified laboratory.

EpiSpan — Epigenetic Age Assessment

35,000 THB

Most comprehensive

Multi-clock epigenetic analysis across 11 organ systems.

HOW IT WORKS

A multi-clock epigenetic (DNA-methylation) analysis measuring biological aging across 11 organ systems simultaneously — a system-by-system biological-age map.

MyHealthDNA

16,000 THB

19+ inherited-risk analyses for targeted prevention.

HOW IT WORKS

Analyses inherited risk across cancer, cardiovascular, brain, metabolic and drug-response domains — enabling targeted, genetics-informed prevention.

MyLifeStyleDNA

16,000 THB

80+ lifestyle, nutrition & performance analyses.

HOW IT WORKS

Covers diet sensitivities, nutritional needs, sport & fitness traits, skin & beauty, stress, sleep and environmental susceptibility — why certain diets and exercises work better for your body.

Premium DNA

22,900 THB

100+ combined health & lifestyle genetic analyses.

HOW IT WORKS

The full genetic picture — combining inherited disease-risk and lifestyle/performance domains in a single comprehensive report (100+ analyses).

Premium DNA + Epigenetic (TruAge)

Flagship

50,000 THB

Full genetic panel plus TruAge epigenetic age across 11 organs.

HOW IT WORKS

Combines the 100+ Premium DNA analyses with the TruAge epigenetic clock measuring biological age across 11 organ systems — your complete inherited + biological-age genomic map.

Gut Health & Food Sensitivity

Where immunity, mood, hormones and metabolism all begin.

Species-level microbiome sequencing of your 38-trillion-microbe ecosystem (diversity scoring, dysbiosis analysis, pathogen detection, SCFA markers, personalised probiotic protocol) — plus advanced food-sensitivity, gut-barrier integrity and stool-DNA (GI-MAP) testing.

Microbiome Test Only

20,000 THB

Stool-based test, detailed report & physician consultation.

Test + 1-Month Probiotic

23,000 THB

Microbiome test, consultation & 1-month personalised probiotic formula.

Test + 3-Month Probiotic

28,000 THB

Microbiome test, consultation & 3-month personalised probiotic formulation.

FIT 135 Food Sensitivity

22,000 THB

135 foods & additives tested for IgG-mediated sensitivity.

HOW IT WORKS

Identifies delayed (IgG) reactions across 135 common foods and additives — guiding an elimination and reintroduction plan for bloating, fatigue, skin and inflammatory symptoms.

FIT 179 Food Sensitivity

28,500 THB

Expanded 179-food & additive sensitivity panel.

HOW IT WORKS

The widest food-reactivity map — 179 foods and additives — for complex or persistent intolerance patterns where a broader panel is warranted.

Gut Barrier Test (Leaky Gut)

10,200 THB

Measures intestinal permeability / 'leaky gut' markers.

HOW IT WORKS

Assesses intestinal-barrier integrity (incl. zonulin pathway) — the breakdown that allows immune activation, systemic inflammation and food reactivity.

GI-MAP Basic — Stool DNA Analysis

34,000 THB

Comprehensive PCR stool-DNA map of the gut ecosystem.

HOW IT WORKS

Quantitative PCR stool analysis detecting bacteria, pathogens, parasites, fungi, viruses and gut-health markers — the clinical gold standard for digestive complaints.

GI-MAP Plus (+ Zonulin)

38,000 THB

Full GI-MAP stool DNA analysis with zonulin gut-barrier marker.

HOW IT WORKS

Everything in GI-MAP Basic plus the zonulin marker for intestinal permeability — the most complete single-sample gut assessment available.

Immune, Metabolomic & Toxin Screening

Functional deep-dives into immune capacity, cellular metabolism and toxic load.

Specialist functional panels for immune resilience, metabolic and mitochondrial function, and environmental toxin exposure — performed onsite or via accredited reference laboratories and interpreted by a longevity physician.

Urine Organic Metabolomics (OMX)

24,000 THB

Whole-body metabolic snapshot from a single urine sample.

HOW IT WORKS

Measures dozens of organic-acid metabolites reflecting mitochondrial energy production, B-vitamin status, neurotransmitter turnover, detoxification and gut-microbial activity.

Mycotoxins Panel

27,000 THB

11 mould-derived mycotoxins from environmental exposure.

HOW IT WORKS

Detects 11 mycotoxins produced by mould — a frequently missed driver of chronic fatigue, brain fog, immune dysfunction and inflammatory illness.

DUTCH OATs (Organic Acids)

17,000 THB

Organic-acid markers of metabolism & neurotransmitter status.

HOW IT WORKS

Organic-acid testing reflecting B-vitamin sufficiency, oxidative stress, mitochondrial function and neurotransmitter byproducts — pairs with DUTCH hormone mapping.

Immune Reconstitution Panel (IRP)

13,500 THB

Comprehensive assessment of immune-cell competence.

HOW IT WORKS

Evaluates immune-cell populations and function to gauge immune resilience and reconstitution — relevant for recovery, longevity and post-illness optimisation.

T / B / NK Cell Count

6,200 THB

Lymphocyte subset count — core immune baseline.

HOW IT WORKS

Quantifies T-cells, B-cells and natural-killer (NK) cells — the foundational measure of immune-system composition.

NK Cell Activity + Lymphocyte Subsets

21,000 THB

Functional NK-cell activity with full lymphocyte profiling.

HOW IT WORKS

Measures not just how many NK cells you have but how effectively they function — a key marker of immune surveillance and anti-tumour capacity — alongside detailed lymphocyte subsets.

Intimate Health Screening

Confidential. Physician-led. Molecularly precise.

Six programs from routine annual testing to comprehensive 14-pathogen PCR molecular diagnostics. All results reviewed exclusively with your dedicated physician in a private consultation.

Foundation Screen

2,000 THB

Core blood panel — essential safety baseline.

HOW IT WORKS

Same-day HIV (Ag/Ab), Syphilis (VDRL/RPR), Hepatitis B and Hepatitis C with physician review.

Essential Screen

4,000 THB

Annual screening — sexually-active baseline.

HOW IT WORKS

Foundation plus Chlamydia & Gonorrhoea PCR (urine) — the most common bacterial STIs, often asymptomatic.

Clarity Core

4,000 THB

PCR-only 14-pathogen molecular panel.

HOW IT WORKS

Comprehensive PCR panel of 14 urogenital pathogens from a single non-invasive urine sample.

Clarity Plus

5,500 THB

Recent exposure — full PCR + Herpes serology.

HOW IT WORKS

Full 14-pathogen PCR with HIV serology and Herpes HSV-1/HSV-2 IgG/IgM blood testing.

Clarity Pro

5,800 THB

Potential HIV exposure — earliest detection.

HOW IT WORKS

HIV RNA PCR detects the virus from Day 10 — before any antibody test can — combined with the full 14-pathogen molecular panel.

Ultimate Screen

Most comprehensive

11,500 THB

Complete intimate-health evaluation.

HOW IT WORKS

Every pathogen class — viral, bacterial, fungal, parasitic — across serology, RNA PCR and molecular urine testing, incl. HPV 32-type genotyping and Hepatitis A.

Advanced & Imaging Screening

Cardiac, gastroenterology, bone density and radiology — at our partner hospital.

Performed at our accredited partner hospital. Healthi Life manages your referral, scheduling, result collection and clinical follow-up, with a longevity physician interpreting everything in the context of your full health picture. Prices are indicative OPD rates and subject to change.

2C1U Cardiac Screening Package

Single-visit cardiac & vascular baseline. Non-invasive.

15,000 THB

≈ USD 430 · CT Calcium Score + Low-Dose CT + Carotid Doppler

HOW IT WORKS

Combines coronary calcium scoring with vascular imaging to evaluate early plaque, arterial narrowing and cardiovascular risk before symptoms appear.

Coronary CT Calcium Score

Detects early coronary plaque before symptoms.

8,000 THB

≈ USD 230

Carotid Doppler Ultrasound

Assesses neck-artery blood flow and stroke risk.

7,000 THB

≈ USD 200

Echocardiogram (Echo)

Ultrasound of heart structure and function.

5,200 THB

≈ USD 150

Stress Echocardiogram

Echo during controlled exertion to unmask ischaemia.

9,900 THB

EKG (Resting Electrocardiogram)

Baseline heart-rhythm and electrical-activity trace.

540 THB

FibroScan

Non-invasive liver stiffness & fat measurement.

3,000 THB

+ doctor fee 1,000–1,500 THB · + hospital service fee 420 THB

Gastroscopy + Colonoscopy

Complete upper and lower GI assessment in one visit under sedation.

39,000 THB

Gastroscopy 18,000 · Colonoscopy 25,000 separately

HOW IT WORKS

Gold-standard GI cancer screening; biopsy and pathology billed separately if required. Colonoscopy recommended from age 45.

Bone Mineral Density (DEXA Scan)

Assesses fracture risk, osteopenia and osteoporosis.

2,900 THB

LS or Hip · LS+Hip 4,100 · Whole body 5,200–6,500

IDEAL FOR

Women over 45, long-term steroid use, low Vitamin D or hormonal deficiency.

Mammogram + Breast Ultrasound

Combined breast screening — mammography with ultrasound.

6,000 THB

IDEAL FOR

Women from age 40, or earlier with family history.

CT Imaging (BNH Hospital)

Low-dose and diagnostic CT across chest, brain, abdomen and vascular.

From 6,500 THB

Low-dose chest 6,500 · Calcium score 8,000 · Brain 9,500 · Abdomen 15,500–27,000 · CTA coronary/pulmonary 23,000

HOW IT WORKS

Physician referral required. Results delivered directly to your Healthi Life clinical team for integrated interpretation.

MRI / MRA Imaging (BNH Hospital)

High-resolution MRI and MR-angiography by region.

From 15,500 THB

Base MRI 15,500 · Brain + MRA + neck 30,000 · MRCP 18,000

HOW IT WORKS

Physician referral required. Results interpreted by your longevity physician in the context of your full health picture.

Ultrasound Imaging (BNH Hospital)

Abdominal, pelvic, thyroid and soft-tissue ultrasound.

From 3,500 THB

HOW IT WORKS

Physician referral required. Results delivered directly to your Healthi Life clinical team for integrated interpretation.

Frequently asked

Do I need to fast before my blood test?

Yes — fast for 10–12 hours (plain water encouraged). Fasting is required for accurate glucose, HbA1c, lipid, insulin and HOMA-IR results. Morning appointments (8–11 AM) are preferred.

Should I pause my supplements or medications?

Pause vitamins, omega-3s and antioxidants the morning of your test. Biotin (Vitamin B7) should be paused 48–72 hours prior as it interferes with thyroid and hormone results. Continue prescription medications as normal unless instructed otherwise.

When should women time hormonal testing?

For full hormonal panels (FSH, LH, estradiol, progesterone), test on Day 2–5 of your cycle for baseline accuracy. Progesterone is most meaningful 7 days after ovulation (Day 21 of a 28-day cycle). Post-menopausal testing can be done any day.

Is intimate health screening confidential?

Absolutely. All results are reviewed exclusively with your dedicated physician in a private consultation and are never shared without your explicit consent.

Programs are provided under physician supervision and require individual clinical assessment. Prices are indicative and subject to change based on personalised protocols; partner-hospital (BNH) imaging rates are OPD and subject to change without notice. This document is informational and does not constitute a binding offer nor a diagnosis.

 This page is for general information and does not constitute medical advice, diagnosis, or treatment. Results vary between individuals. Every medicine and peptide listed here is dispensed only after a medical consultation at Healthi Life and on a physician's prescription. Prices are published for transparency, not as an offer to supply. Always consult a qualified physician about your condition. See our [full medical disclaimer](#).

YOUR PERSONALISED 3-MONTH CLINICAL JOURNEY

Longevity Program

Not a generic wellness package. Every element is built from your own laboratory data, root-cause profile and real-world lifestyle factors — then refined every month based on how your body responds.

Root Cause Medicine

Precision Diagnostics

Six Pillars

Personalised Protocols

Monthly Physician Review

All tiers follow the same three-step journey: (1) biomarker laboratory assessment, (2) root-cause analysis & personalised plan within 7–10 days, (3) monthly optimisation & physician review. Every package includes doctor consultation, InBody composition analysis and personalised follow-up.

Investment Tiers

Same clinical journey — depth of diagnostics, pillars addressed and protocol precision scale with investment.

Foundation

Proactive baseline — Pillars 01 & 02 (metabolic & inflammatory).

On consultation

3-month program · personalized

HOW IT WORKS

Core lab assessment (metabolic, inflammatory markers, biological age), personalised nutrition plan, supplement protocol and daily lifestyle timing guide.

KEY ACTIONS

- Doctor consultation + InBody scan
- Biological age (BioAge)
- 4 therapy sessions
- 2 physician reviews (30 min)

Advanced

Deep metabolic, gut-brain & longevity evaluation — Pillars 01-03.

On consultation

3-month program · personalized

HOW IT WORKS

Full lab panel incl. gut microbiome sequencing and neurotransmitter axis, plus cancer screening (7 markers) and complete daily lifestyle protocol.

KEY ACTIONS

- Everything in Foundation
- Gut microbiome sequencing
- 8 therapy sessions
- 3 physician reviews

Elite

Multi-system analysis with full hormonal & toxic-load screening — Pillars 01-04.

On consultation

3-month program · personalized

HOW IT WORKS

Everything in Advanced plus full hormone panel (15 markers incl. cortisol, sex hormones, thyroid, IGF-1) and heavy-metal screening (9 metals).

KEY ACTIONS

- Everything in Advanced
- Full hormone panel + heavy metals
- 12 therapy sessions
- 4 physician reviews

Ultimate

Most comprehensive

Full-spectrum precision optimisation — all Six Pillars.

On consultation

3-month program · personalized

HOW IT WORKS

Everything in Elite plus DNA Health, EpiSpan epigenetic age, 18-panel micronutrient profile, cardiac echo and imaging.

KEY ACTIONS

- Everything in Elite
- DNA Health + EpiSpan epigenetic age
- 16 therapy sessions
- 6 physician reviews + 1-day hospital visit

The Six Pillars of Longevity

Every finding mapped to its biological system — sequence is strategy.

Human physiology is an integrated network: metabolic stability precedes hormonal correction; gut integrity must be established before supplementation is optimised. Each pillar targets specific hallmarks of biological aging.

01 • Metabolic & Cellular Energy

Lipid, glucose regulation, insulin sensitivity, muscle mass.

HOW IT WORKS

The master driver of biological aging — optimising insulin sensitivity restores AMPK/mTOR and reduces mitochondrial oxidative stress.

WHEN TO SEE EFFECT

3-month targets: HbA1c <5.6%, fasting glucose <95 mg/dL, LDL <120, triglycerides <120, visceral fat –1-2 points.

02 • Inflammatory & Immune Regulation

hs-CRP, Fibrinogen, oxidative stress, immune surveillance, autoimmunity.

HOW IT WORKS

Silent 'inflammaging' accelerates every other hallmark; reducing systemic inflammation slows senescent-cell accumulation.

WHEN TO SEE EFFECT

3-month targets: hs-CRP <1.0 mg/L, fibrinogen in optimal range, homocysteine <10 µmol/L, ESR normal.

03 • Gut–Brain–Immune Axis

Microbiome, intestinal integrity, neurotransmitters.

HOW IT WORKS

Restoring microbiome diversity reduces the endotoxin burden that accelerates aging across all other pillars.

WHEN TO SEE EFFECT

3-month targets: improved absorption, reduced bloating, normalised permeability, better neurotransmitter balance.

04 · Hormonal & Neuroendocrine Signaling

Sex hormones, thyroid, adrenal axis, HPA stress response.

HOW IT WORKS

Hormones are the body's intercellular communication system; restoring HPA balance slows epigenetic aging rate.

WHEN TO SEE EFFECT

3-month targets: TSH 1.0–2.5, Free T3 upper third, normalised cortisol rhythm, age-appropriate DHEA-S.

05 · Environmental & Toxic Burden

Heavy metals, endocrine disruptors, epigenetic toxin load.

HOW IT WORKS

Heavy metals damage DNA, alter methylation and impair mitochondria — measurably slowing the primary hallmarks of aging.

WHEN TO SEE EFFECT

3-month targets: metals trending to safe thresholds, liver-enzyme normalisation, improved clarity.

06 · Cellular Aging & Biological Clock

NAD⁺, senescent cells, epigenetic age, telomere integrity, autophagy.

HOW IT WORKS

NAD⁺ repletion activates sirtuins that repair DNA and maintain telomeres; restoring autophagy clears damaged proteins.

WHEN TO SEE EFFECT

3-month targets: biological age –1–3 years, NAD⁺ improved, Phase Angle >5.0°, reduced senescent-cell burden.

Frequently asked

How do I prepare for the biomarker assessment?

Fast 10–12 hours (water only), sleep at least 7 hours, no exercise for 24–48 hours, no alcohol for 48 hours, eat normally the day before, and hold supplements (especially high-dose Biotin) for 24 hours. Cortisol is time-critical — the draw must be between 7:00 and 9:00 AM.

When will I get my results and plan?

Lab results are returned within 3–5 days. Your personalised six-pillar plan is delivered within 7–10 days of results.

What happens after Month 3?

A core biomarker re-audit versus your Day-0 baseline is performed, the physician presents a Month-3 report, and continuation programs are available at a preferential monthly rate.

This program is a supportive, integrative health-optimisation plan; all therapies are complementary and not a substitute for conventional medical care. Individual outcomes cannot be guaranteed and vary with lifestyle adherence and engagement. Prices are indicative and subject to change based on personalised protocols. This document is informational and does not constitute a binding offer nor a diagnosis.

ⓘ This page is for general information and does not constitute medical advice, diagnosis, or treatment. Results vary between individuals. Every medicine and peptide listed here is dispensed only after a medical consultation at Healthi Life and on a physician's prescription. Prices are published for transparency, not as an offer to supply. Always consult a qualified physician about your condition. See our [full medical disclaimer](#).

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EXCLUSIVE MEDICAL TOURISM · PARTNER REFERRALS

Fly-In Program

Two families, one clinical standard: short IV-based stays, and cellular protocols from GMP/ISO-certified partner laboratories. Three to five days in Bangkok, with an online consultation before you travel and a 30–90 day physician follow-up after you leave.

Doctor-Led Protocol-Driven Precision Diagnostics
Medical Concierge Post-Departure Follow-Up

Built for partner clinics, luxury hotels and wellness concierges referring international clients. The tier you choose determines the depth of the protocol, duration on-site and length of remote clinical oversight after you return home.

IV Energy & Regeneration

Short stays built around intravenous protocols. Three days, physician-supervised.

NAD+ Renewal

Entry point

High-dose NAD+ across the stay, for travel fatigue and mental clarity.

Quoted at consultation

3 days · 500mg NAD+ total · complimentary foot massage

HOW IT WORKS

High-dose NAD+ IV across the stay (500mg total) plus personalized IV support. Includes a biomarker reading and opens a physician follow-up.

IDEAL FOR

Travel fatigue, brain fog, early anti-aging, disrupted sleep.

KEY ACTIONS

- 500mg NAD+ total
- Biomarker reading

- Personalized IV support
- Physician follow-up

Amazing Boost

A regenerative cellular boost over three days.

Quoted at consultation

3 days · complimentary foot massage

HOW IT WORKS

Exosome IV 50 billion + Placenta + personalized IV. Includes a biomarker reading and opens a physician follow-up.

IDEAL FOR

Accelerated recovery, deeper regeneration, performance plateau, skin & vitality.

KEY ACTIONS

- Exosome IV 50 billion
- Personalized IV

- Placenta
- Biomarker reading

Super Boost

An advanced neuro-regenerative immersion with VIP concierge.

Quoted at consultation
3 days · VIP concierge

HOW IT WORKS

Neuro Exosome IV 10ml / >50 billion exosomes + Placenta + 3 personalized IVs (full detox · curcumin · NAD+). Includes a biomarker reading and opens a physician follow-up.

IDEAL FOR

Executive burnout, cognitive performance, deep depletion, advanced regeneration.

KEY ACTIONS

→ Neuro Exosome IV >50 billion exosomes

→ 3 personalized IVs

→ Placenta

→ VIP concierge

Cellular & Stem Cell

Regenerative medicine at the source — GMP/ISO-certified partner laboratories, physician-supervised.

Fly-In Stem Cell Facial — 1 Day

Growth-factor stem cells for the face, in a single day.

Quoted at consultation
1 day · growth-factor stem cells

HOW IT WORKS

Growth-factor stem cell delivery. No surgery and no synthetic fillers.

IDEAL FOR

Wrinkles, lost volume, dull or tired skin.

KEY ACTIONS

→ Single day

→ No synthetic fillers

→ No surgery

Fly-In Stem Cell Hair — 1 Day

Growth-factor stem cells for the scalp, in a single day.

Quoted at consultation

1 day · growth-factor stem cells

HOW IT WORKS

Growth-factor stem cell delivery to the scalp. Non-surgical.

IDEAL FOR

Thinning hair, early loss, weak follicles — men & women.

KEY ACTIONS

→ Single day

→ Men & women

→ Non-surgical

Orthopedic & Sport Injury

Cartilage-directed cells for a defined structural injury.

Quoted at consultation

3-5 days · physician-led

HOW IT WORKS

MSC & chondrogenic stem cell protocol, administered by our physicians.

IDEAL FOR

Torn ligaments, muscle fatigue, chronic strain — athletes & active adults.

KEY ACTIONS

→ MSC & chondrogenic cells

→ Imaging-guided

→ Physician-led

Joint & Osteoarthritis

MSC protocol across three sessions for joint degeneration.

Quoted at consultation
3 sessions · physician-led

HOW IT WORKS

MSC stem cell protocol over three sessions, administered by our physicians.

IDEAL FOR

Knee, hip, shoulder & spine degeneration.

KEY ACTIONS

- MSC stem cells
- Physician-led

→ 3 sessions

Fly-In Stem Cell Body — 3–5 Days

Flagship

The flagship systemic protocol — dose set by your physician.

Quoted at consultation
3–5 days · dose set by your physician

HOW IT WORKS

Across a 3–5 day stay; the cell dose is set by your physician after assessment.

IDEAL FOR

Systemic anti-aging, organ optimization, full-body regeneration.

KEY ACTIONS

- Dose set by your physician

→ 3–5 days

Chronic Pain & Fatigue

The deepest systemic protocol — 50 million cells, on doctor's recommendation.

Quoted at consultation

3–5 days · 50 million cells · doctor's recommendation

HOW IT WORKS

50 million cells across a 3–5 day stay. Offered on a doctor's recommendation only, after assessment.

IDEAL FOR

Long-term pain, systemic inflammation, deep fatigue.

KEY ACTIONS

- 50 million cells
- Disclosed dose

- Doctor's recommendation

What Every Stem Cell Program Includes

Four elements, on every cellular and stem cell program.

Online Consultation Before You Travel

The protocol is designed around your case before you book a flight.

HOW IT WORKS

A physician reviews history, goals and clinical context remotely, so eligibility is settled before travel.

Personalized Pre & Post-Treatment IV

To prime the body before, and consolidate after.

HOW IT WORKS

Formulated to your case rather than to a fixed package.

Optional Supplement Protocol

Biomarker-matched, and optional.

HOW IT WORKS

Built from your own readings, not a standard stack.

30–90 Day Medical Follow-Up

We don't stop at the airport.

HOW IT WORKS

Physician-supervised remote follow-up for 30 to 90 days after you leave.

Frequently asked

Who is the Fly-In Program for?

Executives and high-net-worth individuals on tight schedules, international medical tourists, and clients referred by partner clinics, luxury hotels and wellness concierges for Bangkok-based regenerative and longevity protocols.

How does the partner referral workflow work?

Partners receive a dedicated point of contact, pre-defined tier structures and physician-managed handover. The partner submits a referral with client context; tier and timeline are confirmed within 24 hours; the program is delivered on-site; and a clinical summary confirming the outcome is delivered back to the partner.

Which program do most guests start with?

NAD+ Renewal (three days) is the usual entry point for a first visit, and Fly-In Stem Cell Body is the flagship systemic protocol. Prices are quoted at consultation. Which one is appropriate is decided by a physician after assessment, not chosen from the menu.

All programs include physician consultation, precision diagnostics, medical concierge and post-departure follow-up. Complementary approaches — not a substitute for conventional medical care; outcomes vary with individual biology and lifestyle adherence. Prices are quoted at consultation, based on the personalised protocol. This document is informational and does not constitute a binding offer nor a diagnosis.

 This page is for general information and does not constitute medical advice, diagnosis, or treatment. Results vary between individuals. Every medicine and peptide listed here is dispensed only after a medical consultation at Healthi Life and on a physician's prescription. Prices are published for transparency, not as an offer to supply. Always consult a qualified physician about your condition. See our [full medical disclaimer](#).

Healthi Life — The Urban Longevity House · healthi-life.com · +66919991744

FRESH MESENCHYMAL STEM CELLS — REGENERATIVE WELLNESS

Stem Cell Therapy

Fresh, never-frozen mesenchymal stem cells (MSCs) from ethically donated umbilical-cord tissue, applied to aesthetic renewal, anti-aging, joint & cartilage comfort and fertility support. Physician-led, individually assessed, and delivered under medical supervision. This is a complementary wellness program — not a substitute for prescribed medical care, and not a treatment or cure for any disease.

Fresh MSC Therapy Physician-Supervised Aesthetic & Anti-Aging
Umbilical-Cord (Wharton's Jelly) Joint & Fertility Support

Physician-led and reviewed against your laboratory results, from first session to follow-up. Cells are processed by GMP / ISO-accredited partner laboratories under ISCT-aligned standards. Cell dose is physician-prescribed by program. Outcomes vary by individual and are not guaranteed; several applications are investigational.

Why Healthi Life

Physician-led, fresh-cell, fully supervised — a considered regenerative wellness program.

"At Healthi Life, regenerative wellness is a relationship, not a procedure. We sit with every guest, study their biology, and build a program that respects both the science and the person."

Physician-Led, Not Conveyor-Belt

Every program is physician-designed, reviewed against your labs and supervised end to end — an aesthetic, anti-aging and joint-support offering, not a disease clinic.

KEY ACTIONS

- Fresh cells, not frozen — prepared for your appointment and administered without a freeze-thaw cycle
- Processed by GMP-grade, ISO-accredited partner laboratories under ISCT-aligned standards
- Integrated wellness protocol — IV therapy, supplementation and lab review before, during and after
- Full clinical oversight — every program physician-designed and supervised, first session to follow-up
- Rigorous, documented donor screening and chain of custody
- Physician-assessed eligibility — contraindications reviewed before any program

The Science — What MSCs Are

Understanding the biology behind the therapy.

Mesenchymal Stem Cells (MSCs) are a class of adult stem cell found in connective tissue, most notably the umbilical cord. They are immunologically well tolerated, act as immunomodulators, and produce a secretome of growth factors, cytokines and exosomes studied for their role in tissue support. MSC therapy for aesthetic, anti-aging and joint applications is an area of active research; results vary by individual and are not guaranteed.

How MSCs Are Thought to Work

After administration, MSCs are understood to migrate toward areas of inflammation ('homing') and act largely through paracrine signalling.

HOW IT WORKS

MSCs are studied to act mainly through paracrine signalling — releasing bioactive molecules that may support the body's own repair processes — rather than by replacing tissue. Mechanisms described here are research-stage and not a claim of clinical outcome.

KEY ACTIONS

- Release growth factors studied in tissue support (e.g. IGF-1, VEGF, TGF- β)
- Modulate immune activity toward balance
- Associated with reduced local inflammatory signalling in research settings
- Secretome- and exosome-rich — signalling particles that may reach tissue

Why Umbilical Cord — Wharton's Jelly

Wharton's Jelly-derived MSCs from the umbilical cord are a widely used, ethically sourced MSC source.

HOW IT WORKS

Collected at birth with full consent from healthy, pre-screened donors; biologically young and suited to allogeneic use with a low rejection profile.

KEY ACTIONS

- High proliferation rate
- Low immunogenicity — suited to allogeneic (donor) use
- Ethically sourced, no surgical extraction required
- Consistent, standardised cell quality per batch

Our Standards Are Non-Negotiable

Every cell we administer meets recognised standards in safety, quality and ethical sourcing.

Regenerative wellness is only as reliable as the standards behind it. Our cells are prepared by accredited partner laboratories that hold ISO 9001 certification, operate under GMP-grade protocols and follow ISCT (International Society for Cell & Gene Therapy) guidelines. Cell dose is physician-prescribed by program and kept within the range described in the published literature as well tolerated for intravenous MSC infusion.

Quality, Compliance & Chain of Custody

Commitments behind every batch of cells — sourced and processed through accredited partner laboratories.

HOW IT WORKS

Cell identity confirmed by surface markers (CD73+, CD90+, CD105+). Cells are expanded to the prescribed dose and quality-tested for viability, purity, identity and sterility before release.

KEY ACTIONS

- | | |
|---|--|
| → ISO 9001-certified partner laboratory — standardised, documented, audited | → GMP-grade cell processing — pharmaceutical-grade purity, viability and potency |
| → ISCT-aligned standards — the global benchmark for cell-therapy practice | → Fresh — never frozen: prepared for your appointment and administered without a freeze-thaw cycle |
| → Rigorous donor screening — infectious-disease testing, genetic screening, full medical evaluation | → Full chain of custody — batch number, viability count, processing date, administering physician |

How Your Stem Cells Are Prepared

A controlled process from ethical donation to clinical administration.

MSCs are derived from Wharton's Jelly — the connective tissue of healthy, donated umbilical cords — and prepared by accredited partner laboratories. The journey from source to guest follows a precise, documented chain designed to maximise cell quality and safety.

i. Ethical Donor Sourcing

Umbilical-cord Wharton's Jelly — collected at birth.

HOW IT WORKS

Cords are donated at birth by pre-screened, consenting healthy mothers — a non-invasive collection with no harm to mother or newborn. Donors are tested for all major infectious diseases (HIV, Hepatitis B & C, CMV and others) with full genetic-health confirmation.

ii. GMP-Grade Cell Processing

ISO-accredited partner laboratory — controlled-environment processing.

HOW IT WORKS

MSCs are isolated from Wharton's Jelly in a GMP-grade clean room under strict sterile conditions, expanded to the prescribed dose, and quality-tested for viability, purity, identity markers (CD73+, CD90+, CD105+) and sterility before release.

iii. Guest Assessment & Lab Review

Personalised clinical evaluation before every program.

HOW IT WORKS

A comprehensive blood panel assesses inflammatory status, organ function and general health. Your physician reviews eligibility, identifies contraindications and designs your specific protocol — including pre-treatment IV preparation.

iv. Pre-Treatment Body Preparation

Reducing inflammation, optimising the cellular environment.

HOW IT WORKS

A physician-designed Pre-Stem Cell IV — typically high-dose Vitamin C, glutathione and anti-inflammatory agents — supports a favourable environment for MSC activity.

v. Fresh MSC Infusion

The core of your program — never frozen.

ROUTE

IV infusion, 60–90 minutes, physician-supervised with registered-nurse administration

HOW IT WORKS

Fresh MSCs are administered on the day of preparation. Vital signs are monitored throughout. For joint programs, intra-articular injection may be used where clinically appropriate.

vi. Post-Treatment Recovery Support

Extending and protecting your results.

HOW IT WORKS

A Post-Stem Cell IV supports recovery and reduces oxidative stress. A personalised 30-day supplement protocol supports wellbeing. Follow-up review is scheduled at 30 and 90 days.

What MSC Therapy May Support

Areas of wellbeing our programs are designed around — investigational, not guaranteed.

The following describe the areas our aesthetic, anti-aging and joint programs are designed around. They are investigational applications, not guarantees, and not treatment of any disease. Individual outcomes vary with baseline health, dosage and protocol adherence.

Where Our Programs Focus

The wellbeing areas MSC programs at Healthi Life are built around.

KEY ACTIONS

- Skin quality & appearance — collagen/elastin support, aesthetic renewal (face)
- Hair & scalp — support for density and quality (hair)
- General anti-aging & cellular vitality — energy, recovery and wellbeing (body)
- Joint & cartilage comfort — mobility and comfort support (knee / chondrogenic)
- Fertility support — reproductive-health programs, physician-assessed

Our Stem Cell Programs

Aesthetic, anti-aging, joint and fertility programs — pricing as published; cell dose physician-prescribed.

Each program is priced by category and total cell dose, and confirmed at consultation. Prices below are as published; any figure not listed is quoted on consultation. All programs are physician-assessed for eligibility and contraindications.

Face — Aesthetic Rejuvenation

5M / 10M cells

59,000 / 89,000 THB

by cell dose (5M / 10M)

MSC program focused on skin quality, tone and aesthetic renewal.

ROUTE

Physician-supervised, by protocol

IDEAL FOR

Guests seeking aesthetic skin renewal and anti-aging support for the face.

CONTRAINDICATIONS

Suitability for MSC therapy requires individual physician consultation and medical screening before treatment.

Hair — Density & Scalp Support

5M / 10M cells

MSC program supporting hair density and scalp quality.

59,000 / 89,000 THB

by cell dose (5M / 10M)

ROUTE

Physician-supervised, by protocol

IDEAL FOR

Guests seeking support for hair density and scalp quality.

CONTRAINDICATIONS

Suitability for MSC therapy requires individual physician consultation and medical screening before treatment.

Body — Anti-Aging & Vitality

Flagship

50M / 70M / 100M cells

Whole-body anti-aging and vitality program; total cell dose selected with your physician.

559,000 / 699,000 / 900,000

THB

by total cell dose (Giant 50M · Genesis 70M · Eternal 100M)

ROUTE

IV infusion, physician-supervised

DOSING & FREQUENCY

50–100 million fresh UC-MSCs per program, physician-prescribed.

IDEAL FOR

Guests seeking a general anti-aging and vitality program.

CONTRAINDICATIONS

Suitability for MSC therapy requires individual physician consultation and medical screening before treatment.

Fertility Support

35M cells

Reproductive-health support program;
physician-assessed and individually planned.

479,000 THB

single program (35M cells)

ROUTE

Physician-supervised, by protocol

IDEAL FOR

Guests seeking fertility and
reproductive-health support,
physician-assessed.

CONTRAINDICATIONS

Suitability for MSC therapy requires
individual physician consultation
and medical screening before
treatment.

Joints — Knee, Shoulder, Hand & Finger

One joint · Two joints, one session

Chondrogenic MSCs are the same mesenchymal stem cells, guided toward the cartilage lineage in culture before they are introduced into the joint. One joint (knee: 5 million chondrogenic MSC). One joint (knee: 10 million chondrogenic MSC). Two joints, one session (knees: 5 million chondrogenic MSC each). For shoulder, hand or finger joints the physician sets the protocol after imaging.

86,000 / 123,000 / 155,000

THB

One joint (knee: 5 million chondrogenic MSC) 86,000 · One joint (knee: 10 million chondrogenic MSC) 123,000 · Two joints, one session (knees: 5 million chondrogenic MSC each) 155,000

ROUTE

Intra-articular (direct joint injection), physician-supervised

IDEAL FOR

Guests with joint-comfort goals in the knee, shoulder, hand or finger joints; suitability and protocol set by the physician after imaging.

CONTRAINDICATIONS

Suitability for MSC therapy requires individual physician consultation and medical screening before treatment.

Your Program Journey

Four carefully sequenced sessions — from assessment to program to optimisation.

A complete 4-session program: Session 1 — consultation + full blood panel + InBody composition (results in 3–5 days); Session 2 (Day 5–7) — lab review, personalised plan, Pre-Stem Cell IV + 30-day supplement protocol; Session 3 (Day 8–14) — fresh MSC infusion (60–90 min); Session 4 + ongoing (Day 14–21, then 30 & 90-day reviews) — Post-Stem Cell IV, home supplements and follow-up review vs baseline. Results, where they occur, build progressively and vary by individual; they are not guaranteed.

What a Program Includes

Complete 4-session program

The standard inclusions across our stem cell programs; final scope confirmed at consultation.

ROUTE

IV infusion ($\pm$ intra-articular for joint programs), physician-supervised

DOSING & FREQUENCY

Cell dose physician-prescribed by program; a Phase II cycle is typically considered at 6-12 months.

HOW IT WORKS

Physician oversight at Day 1, 30 & 90. Where benefit occurs, the response window is typically observed over 3-6 months and varies by individual.

IDEAL FOR

Aesthetic & anti-aging (face, hair, body), joint & cartilage support (knee, chondrogenic) and fertility support — confirmed at consultation.

CONTRAINDICATIONS

Suitability for MSC therapy requires individual physician consultation and medical screening before treatment.

KEY ACTIONS

- Physician consultation + full blood panel
- Fresh MSCs (never frozen), dose by program
- 30-day supplement protocol
- Personalised program plan
- Pre & Post IV therapy
- 30 & 90-day follow-up reviews

Frequently asked

Where do the stem cells come from?

From Wharton's Jelly — the connective tissue of ethically donated umbilical cords, collected at birth with full consent from pre-screened, healthy mothers. This is non-invasive (no harm to mother or newborn), with no fetal, embryonic or animal sources. Donors are tested for all major infectious diseases (HIV, Hepatitis B & C, CMV and others), and cells are processed by a GMP-grade accredited partner laboratory.

Why fresh cells rather than frozen?

Allogeneic umbilical-cord MSCs from screened donors, laboratory-expanded under GMP conditions and prepared fresh for your appointment — administered without a freeze-thaw cycle.

What does the therapy cover?

Healthi Life offers stem cell programs for aesthetic and anti-aging goals (face, hair, body), joint & cartilage comfort (knee, chondrogenic) and fertility support. These are complementary wellness programs, physician-assessed, and are not a treatment or cure for any disease. We do not offer stem cell therapy for serious medical conditions.

What standards does the laboratory meet?

Cells are prepared by an accredited partner laboratory holding ISO 9001 certification, GMP-grade processing and ISCT-aligned standards. Cells are identity-confirmed (CD73+, CD90+, CD105+), quality-tested for viability, purity and sterility, and tracked with full chain of custody.

How much does treatment cost?

Face ₪59,000; Hair ₪59,000; Body (anti-aging) ₪559,000 to ₪900,000 by cell dose; Fertility ₪479,000; Joints (knee, shoulder, hand, finger) ₪86,000 or ₪123,000 for one joint, or ₪155,000 for two joints in one session. Final pricing is confirmed at consultation; any program not listed is quoted on consultation.

When will I see results, and how long do they last?

MSC therapy is a biological process, not a procedure, and outcomes vary by individual and are not guaranteed. Some mild fatigue or warmth may occur in the first 24–48 hours (normal immune recognition). Where benefit occurs, it is typically observed over 3–6 months and may be extended with a Phase II cycle at 6–12 months.

This program is a complementary regenerative and health-optimisation plan for aesthetic, anti-aging, joint and fertility support. It is not a treatment or cure for any disease and is not a substitute for conventional medical care prescribed by your primary healthcare providers. All therapies are physician-prescribed, individual and delivered by a licensed medical team; cells are processed by GMP / ISO-accredited partner laboratories. Several applications are investigational. Prices are as published (Face \$59,000; Hair \$59,000; Body \$559,000–\$900,000; Fertility \$479,000; Joints \$86,000 or \$123,000 for one joint, \$155,000 for two joints); any program not listed is quoted on consultation. Individual results vary with health status, adherence and biological response, and clinical outcomes cannot be guaranteed. Regular follow-up, laboratory monitoring and ongoing medical supervision are recommended throughout.

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THE INTELLIGENCE OF CELLULAR REPAIR

Exosome Therapy

Four distinct exosome programmes — each precision-formulated for a specific biological goal. The same foundational science, different cellular targets, measurably different outcomes.

MSC-Derived GMP-Grade Certified CD9 / CD81 >95%

Passage 2-4 Extraction Body Neuro NK Immune Aesthetic

Exosomes are nano-scale vesicles (30–150 nm) naturally secreted by mesenchymal stem cells — carrying growth factors, cytokines, miRNA and mRNA. They are the concentrated signal of stem cell therapy without the cell, carrying no risk of immune rejection. Every batch is independently certified (CD9/CD81 >95%, 9-pathogen clearance, full sterility).

Exosome Body — Full-Body IV Therapy

Systemic regeneration: immunity, inflammation, organ recovery & anti-aging.

MSC-derived exosomes delivered IV, distributing systemically to every organ and tissue requiring repair. Clinical outcome data from a single 50ml session: CRP 14.10 → <0.40 mg/L and ALT 52 → 38 U/L within one month.

Exosome Body — 10ml

>50 billion particles

Whole-body rejuvenation, immune restoration and anti-aging.

35,000 THB

≈ USD 1,100 · >50 billion particles

ROUTE

IV drip (mixed with NSS 0.9%, infused at 100ml/hour)

DOSING & FREQUENCY

10ml every 1-2 weeks; minimum 3-4 sessions for sustained results.

WHEN TO SEE EFFECT

Initial improvements in vitality and sleep typically within 3-5 days.

IDEAL FOR

Well-being, immune support and healthy aging.

CONTRAINDICATIONS

Autoimmune disease (e.g. SLE), active cancer/tumours, pregnancy/breastfeeding, acute illness or fever, active food-allergy episode.

Exosome Body — 50ml

>250 billion particles

Therapeutic full-body dose for deep systemic regeneration.

150,000 THB

≈ USD 4,600 · >250 billion particles

ROUTE

IV drip (mixed with NSS 0.9% 100ml, infused at 100ml/hour)

DOSING & FREQUENCY

Anti-aging: 50ml every 2 months (6/year). Wellness support: 50ml monthly, minimum 3 months, as advised by your physician.

HOW IT WORKS

Studied for cell-signalling activity that may support the body's own repair and healthy-aging processes. Investigational; not a treatment or cure for any disease. Eligibility determined after a physician assessment.

CONTRAINDICATIONS

Autoimmune disease, active cancer, pregnancy/breastfeeding, acute illness/fever, active food allergy.

Neuro Exosome IV — Cognitive Support

Neuro-MSC-derived signaling cargo (BDNF, NGF, GDNF).

Harvested from neural-programmed MSCs (~200 nm verified). A cell-free approach intended to support everyday cognitive wellness, mental energy and stress resilience as part of healthy aging. Physician-assessed; not a treatment or cure for any neurological disease.

Neuro Exosome IV — 10ml (Standard)

>50 billion particles

40,000 THB

>50 billion particles

Cognitive optimisation for executives and proactive brain longevity.

ROUTE

IV drip, physician-supervised

DOSING & FREQUENCY

10ml once weekly (maintenance).

WHEN TO SEE EFFECT

Days 1-7 a calmer, clearer baseline; weeks 2-6 focus & resilience; months 6-12 sustained cognitive vitality.

IDEAL FOR

Brain fog, executives, high performers, proactive cognitive longevity.

Neuro Exosome IV — 50ml (Therapeutic)

>250 billion particles

180,000 THB

>250 billion particles

A higher particle count for a more intensive cognitive-support schedule.

ROUTE

IV drip (physician-supervised)

DOSING & FREQUENCY

50ml once monthly.

IDEAL FOR

Healthy adults choosing a more intensive cognitive-support schedule, physician-assessed.

NK Exosome — Immune Activation

Natural Killer cell activation for advanced immune surveillance.

Enriched with NK-cell-activating signals to restore immune surveillance, enhance cytotoxic function and clear senescent cells. MSC-derived exosomes carry no tumorigenesis risk and shift macrophages M1→M2.

NK Exosome — 10ml

>50 billion particles

Proactive immune optimisation and tumour surveillance.

40,000 THB

≈ USD 1,150 · >50 billion particles

ROUTE

IV drip

IDEAL FOR

Family history of cancer, suppressed immunity, post-illness/surgery recovery, adults 45+ seeking immune longevity.

NK Exosome — 50ml

>250 billion particles

Therapeutic immune activation dose.

160,000 THB

≈ USD 4,900 · >250 billion particles

ROUTE

IV drip

DOSING & FREQUENCY

Every 1–3 months, per physician assessment.

IDEAL FOR

Advanced immune-longevity and cancer-prevention strategies.

Exosome Face — Regenerative Facial Therapy

Exosomes + PDRN + Nano HA via precision mesotherapy.

Works at the level of dermal fibroblast biology — upregulating COL1A1 collagen, regulating melanin and rebuilding the dermal matrix. RCT-

confirmed pigmentation reduction.

Exosome Face

Exosomes + PDRN + Nano HA

Premium facial regeneration — collagen, elasticity, pigmentation, glow.

35,000 THB

≈ USD 1,000 · per session · 60–90 min ·
packages: 2 sessions 65,000 THB · 3
sessions 95,000 THB

ROUTE

Mesotherapy injection (>25 billion particles/5ml vial)

DOSING & FREQUENCY

One session every 6–12 months;
initial course of 2–3 sessions 4–6
weeks apart for significant
aging/pigmentation/scarring.

HOW IT WORKS

3 steps: skin prep & numbing (30–45 min); micro-injection of Exosomes + PDRN + Nano HA into the dermis at 1cm intervals (30–45 min); recovery serum + Biolight therapy (15 min).

WHEN TO SEE EFFECT

Immediate hydration & radiance;
results continue improving for 8–12
weeks; 1 session valid 6–12
months.

CONTRAINDICATIONS

Blood-thinners (aspirin, warfarin, NSAIDs), pregnancy/breastfeeding, under 18, active skin infection/inflammation. Do not combine with stem cell therapy on the same day.

Frequently asked

How are exosomes different from stem cells?

Exosomes are the concentrated signalling cargo that stem cells use to communicate — growth factors, cytokines, miRNA and mRNA. They deliver the regenerative instruction set without living cells, so they carry no risk of immune rejection and require no cell viability.

Is every batch tested?

Yes. Every batch is independently certified: CD9/CD81 >95% by ELISA, 9-pathogen infectious-disease clearance (HIV, HBV, HCV, CMV, HSV, Syphilis — all non-reactive) and full sterility (mycoplasma negative, endotoxin <0.03 EU/ml). A full Certificate of Analysis is available on request.

Who should not receive exosome IV therapy?

Those with autoimmune disease (e.g. SLE), active cancer or tumours, pregnancy or breastfeeding, acute illness/fever/active infection, or an active food-allergy episode.

Every body responds differently; as with all medical treatments, results cannot be guaranteed. All therapies are administered under physician supervision and require individual clinical assessment. Prices are indicative and subject to change based on personalised protocols. This document is informational and does not constitute a binding offer nor a diagnosis.

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PHYSICIAN-SUPERVISED INTRAVENOUS NUTRITION

IV Drip Therapy

Targeted nutrition delivered directly into your bloodstream — bypassing digestion for immediate, complete cellular absorption. Every formula is physician-designed and registered-nurse-administered.

Vital Programs

NAD+ & Fat Burner Packages

Body Booster

Cellular & Anti-Aging

Detox & Immune

Brain Booster

Skin Booster

Why IV over oral? Oral supplements lose 20–80% of potency in digestion; IV delivery goes directly into the bloodstream, bypassing digestion.

Vital Programs

Multi-session protocols — measurable biological recalibration, not a single acute boost.

Three physician-designed multi-session programs structured over 5 to 7+ days on-site with 1–3 months of post-program monitoring. Each is built around NAD+, regenerative IVs and a personalised optimisation protocol. Designed by Dr. Petch (Sarassawadee Suwanjinda).

Vital Reset™

Foundational energy & metabolic recalibration.

50,000 THB

5 days · 3 sessions · 30-day monitoring
· 500mg NAD+ total

HOW IT WORKS

Day 1 Cellular Reset (NAD+ 250mg + personalised IV); Day 3 Physiological Support (personalised IV + Body Revive IM); Day 5 Reinforcement (NAD+ 250mg); take-home 1-month optimisation protocol (Omega-3, Magnesium, metabolic support).

IDEAL FOR

High-demand executives, travel-related fatigue, chronic stress & recovery overload, performance plateau.

KEY ACTIONS

- Mitochondrial activation
- Hormonal stabilisation

- Metabolic recalibration
- Inflammation modulation

Vitality Protocol™ **VIP**

Structured optimisation program with full VIP concierge.

100,000 THB

5 days · 3 sessions · 1-month guided

HOW IT WORKS

Combines regenerative cellular support (Exosome IV 50B + Placenta), NAD+ optimisation and biomarker-guided IVs. Day 1 advanced regenerative infusion; Day 3 NAD+ optimisation; Day 5 personalised longevity IV; 1-month take-home protocol.

IDEAL FOR

High-demand professionals with fatigue, metabolic slowdown, stress-related plateau or sleep-rhythm disruption.

KEY ACTIONS

- VIP fast-track airport assistance
- Assigned nurse during your stay

- Dedicated medical concierge
- Structured follow-up & monitoring

Vitality Intensive™ VIP

Executive-level restoration — the deepest regenerative immersion.

150,000 THB

7+ days · 5 sessions · 3-month guided

HOW IT WORKS

Day 1 Exosome + Neuro Exosome IV + Placenta; Day 3 NAD+ 250mg + ALA; Days 5 & 7 personalised IV ×3 (metabolic, sleep, hormonal targeting). 3-month take-home: personalised probiotic + longevity supplementation based on microbiome & biomarker analysis.

IDEAL FOR

Executive burnout recovery, chronic stress & biological depletion, deep fatigue & hormonal disruption, advanced longevity optimisation.

KEY ACTIONS

- Expanded diagnostic intelligence
- Advanced regenerative protocols
- Precision longevity strategy
- VIP concierge service

Committed Packages

Discounted multi-session bundles · complimentary foot massage on NAD+ protocols.

Fat Burner — 5 Sessions

Accelerated metabolism & body recomposition.

18,000 THB

3,600 THB/session · save 20% (vs 22,500 THB)

HOW IT WORKS

L-Carnitine, CLA and B-complex for sustained fat burning and metabolic acceleration.

Fat Burner — 10 Sessions + Nutrition Plan

Best value

Maximum transformation & metabolic mastery.

31,500 THB

3,150 THB/session · save 30% (you save 13,500 THB) · 🎁 foot massage

HOW IT WORKS

10 sessions plus a personalised nutrition plan for deep metabolic reprogramming.

NAD+ 100mg — 5 Sessions

Cellular renewal & anti-aging protocol (500mg NAD+ total).

27,000 THB

5,400 THB/session · save 10% · 🎁 foot massage

NAD+ 100mg — 10 Sessions

Maximum cellular rejuvenation (1,000mg NAD+ total).

51,000 THB

5,100 THB/session · save 15% · 🎁 foot massage

NAD+ 250mg — 5 Sessions

High-dose cellular rejuvenation (1,250mg NAD+ total).

38,250 THB

7,650 THB/session · save 10% · 🎁 foot massage

NAD+ 250mg — 10 Sessions

Ultimate high-dose NAD+ protocol (2,500mg NAD+ total).

72,250 THB

7,225 THB/session · save 15% · 🎁 foot massage

NAD+ 500mg — 5 Sessions

Maximum-dose cellular rejuvenation protocol (2,500mg NAD+ total).

76,500 THB

15,300 THB/session · save 10% · 🎁
foot massage

NAD+ 500mg — 10 Sessions

Ultimate executive cellular protocol (5,000mg NAD+ total).

144,500 THB

14,450 THB/session · save 15% · 🎁
foot massage

Body Booster

Metabolism & sport — full-body vitality, inside and out.

Single-session drips. Pricing confirmed with your physician at consultation.

Fat Burner

L-Carnitine + CLA + B-complex for metabolic acceleration.

Consult physician

Athlete Pro

Performance, endurance and recovery support.

Consult physician

Athlete Pro Max

Maximum athletic performance and recovery formula.

Consult physician

Cellular & Anti-Aging

Repair. Restore. Rejuvenate at the cellular level.

Single-session drips. Each session includes medical consultation, on-site physician supervision and use of the private infusion lounge.

NAD+ Power Boost (100mg)

Cellular energy, repair and anti-aging.

From 6,000 THB

100mg · indicative · à valider

ROUTE

IV infusion, nurse-administered

NAD+ Power Boost Plus

Enhanced NAD+ formula for deeper cellular repair.

Consult physician

NAD+ Power Boost (250mg)

High-dose 250mg NAD+ infusion.

From 8,500 THB

250mg · indicative · à valider · 5-pack
36,000 THB (5th session free)

ROUTE

IV infusion, nurse-administered

NAD+ Power Boost (500mg)

Our highest single-session NAD+ dose for deep cellular renewal.

From 17,000 THB

500mg · indicative · à valider · 5-pack
76,500 THB (save 10%)

ROUTE

IV infusion, nurse-administered

Resveratrol

Consult physician

Antioxidant & longevity-pathway support.

Vitamin D IM

Consult physician

Intramuscular Vitamin D for immune & bone support.

Exosome IV

Regenerative cellular signalling infusion.

From 35,000 THB

10ml / 50B particles · indicative · à valider (50ml / 250B from 150,000 THB)

ROUTE

IV infusion, physician-supervised

Detox & Immune Support

Cleanse. Protect. Restore your natural balance.

Single-session drips. Popular everyday drips (Vital Boost, Stress Ease, Party Shield, Hangover) start from 4,500 THB.

Liver Detox

Consult physician

Targeted hepatic detoxification support.

C Max

High-dose Vitamin C immune infusion.

10 g 4,500 THB · 20 g 8,500 THB

Curcumin

Consult physician

Anti-inflammatory curcumin infusion.

Vital Boost

From 4,500 THB

Broad-spectrum vitality and immune support (Myers' Cocktail).

indicative · à valider

ProGut

Consult physician

Gut-health and microbiome support formula.

Full Body Detox

Consult physician

Comprehensive detoxification protocol.

Party Shield

From 4,500 THB

Pre-event protective immune & hydration drip.

indicative · à valider

Hangover Ease

From 4,500 THB

Rapid rehydration and recovery infusion.

indicative · à valider

Brain Booster

Clarity, calm & cognitive power.

Single-session drips. Pricing confirmed with your physician at consultation.

NeuroBoost

Consult physician

Cognitive performance and mental clarity.

Time Zone Reset

Consult physician

Jet-lag and circadian-rhythm recovery.

Stress Ease

From 4,500 THB

Stress modulation and nervous-system support.

indicative · à valider

Dream Ease

Consult physician

Sleep-optimisation infusion.

Skin Booster

Radiance, hydration & youthful glow.

Single-session drips. Pricing confirmed with your physician at consultation.

Glow Vita

Consult physician

Brightening and antioxidant skin infusion.

Glow Restore

Consult physician

Hydration and skin-barrier restoration.

Glow Revive

Consult physician

Radiance and youthful-glow formula.

Frequently asked

Why choose IV over oral supplements?

Oral supplements lose 20–80% of their potency in digestion. IV delivery puts nutrients directly into your bloodstream, bypassing digestion.

Why a multi-session program rather than a single drip?

A single IV delivers acute benefits. A physician-supervised multi-session program (5 to 7+ days on-site with 1–3 months of monitoring) produces measurable biological recalibration built around NAD+, regenerative IVs and a personalised protocol.

Who administers the drips?

Every formula is physician-designed and administered by a registered nurse under medical supervision.

Programs are provided under physician supervision and require individual clinical assessment. Single-session drip prices are confirmed at consultation; package and program prices are indicative and subject to change based on personalised protocols. This document is informational and does not constitute a binding offer nor a diagnosis.

 This page is for general information and does not constitute medical advice, diagnosis, or treatment. Results vary between individuals. Every medicine and peptide listed here is

dispensed only after a medical consultation at Healthi Life and on a physician's prescription. Prices are published for transparency, not as an offer to supply. Always consult a qualified physician about your condition. See our [full medical disclaimer](#).

Healthi Life — The Urban Longevity House · healthi-life.com · +66919991744

PRECISION REGENERATIVE MEDICINE

Peptide Therapy

Targeted biological signaling molecules that instruct your cells to repair, regenerate, and perform. Each peptide is physician-prescribed and tailored to your clinical profile.

Anti-Aging

Growth Hormones

Weight & Sport

Neuro & Focus

Healing & Gut

Sleep

Libido

Hormone Support

Wolverine Protocol

Important: Peptide therapies are not stocked on-site. All peptides are prepared and shipped from certified partner pharmacies. Please allow a minimum of 3 working days for ordering and delivery before your scheduled therapy.

Anti-Aging

Telomere protection, NAD⁺ optimization, mitochondrial support, and cellular longevity.

Epithalon

Telomere protection, anti-aging, improved sleep, immune support.

24,000 THB / cycle

per cycle (every 6 months)

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

Every 2–3 days x 15 injections per cycle

HOW IT WORKS

Stimulates the pineal gland to regulate melatonin production and may lengthen telomeres — the protective caps on chromosomes that shorten with age.

WHEN TO SEE EFFECT

Sleep and energy improvements over the course of treatment (15 injections).

IDEAL FOR

Those with sleep disorders, age-related decline, immune weakness, or seeking anti-aging benefits.

CONTRAINDICATIONS

Not established; consult physician.

NMN

Boosts NAD+, enhances energy, metabolism, and longevity.

2,900 THB / bottle

per bottle (90 capsules) · 1 bottle / month

ROUTE

Oral capsule

DOSING & FREQUENCY

1 capsule daily (500 mg)

HOW IT WORKS

Directly raises NAD+ levels — a key molecule for energy production (ATP), DNA repair, and activation of sirtuins (longevity genes). NAD+ declines ~50% by age 50.

WHEN TO SEE EFFECT

Increased energy and metabolic health visible over several weeks of consistent use.

IDEAL FOR

Those seeking anti-aging benefits, better metabolism, physical performance, or cognitive support.

CONTRAINDICATIONS

Not established; consult physician.

MOTS-c

Boosts metabolism, mimics exercise, supports weight loss and energy.

6,000 THB / injection

10 mg per injection · 4–5 injections / month

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

Once weekly (10 mg) for 2–3 months, pause for 2 months

HOW IT WORKS

A mitochondrial-derived peptide that activates AMPK pathways — helping cells switch to burning fat for energy and mimicking metabolic benefits of aerobic exercise.

WHEN TO SEE EFFECT

Energy and metabolic changes may be noticed within a few weeks.

IDEAL FOR

Individuals seeking weight loss, improved athletic performance, or better metabolic health.

CONTRAINDICATIONS

Not established; consult physician.

SS-31 (Elamipretide)

Protects mitochondria, reduces oxidative stress, improves muscle strength and endurance.

5,000 THB / vial

10 mg per vial · 15–30 vials / month

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

Once daily (5–10 mg) for 2–3 months, pause for 2 months

HOW IT WORKS

Concentrates in the inner mitochondrial membrane, stabilizing cardiolipin and electron transport chain function — directly repairing damaged cellular power plants and reducing oxidative stress.

WHEN TO SEE EFFECT

Increased energy and reduced signs of aging over weeks of daily use.

IDEAL FOR

Those with mitochondrial dysfunction, heart disease, muscle weakness, or age-related decline.

CONTRAINDICATIONS

Not established; consult physician.

Growth Hormones

Natural GH stimulation for fat loss, lean muscle support, recovery, and sleep quality.

Fasting protocol: all growth hormone peptides require fasting 2–3 hours prior to injection for optimal GH pulse stimulation. Avoid injecting within 2 hours of a carbohydrate-containing meal.

CJC-1295

Stimulates natural GH release, improves fat loss, recovery, sleep quality, and lean muscle support.

3,500 THB / vial

5 mg per vial · approx. 1 vial / month

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

5 days/week (100–200 mcg) — fast 2–3 hours prior to injection

HOW IT WORKS

Mimics Growth Hormone Releasing Hormone (GHRH), stimulating the pituitary gland to release natural growth hormone in pulses — extending GH half-life without disrupting natural secretion.

WHEN TO SEE EFFECT

Improved muscle tone, fat loss, and sleep quality over 4–8 weeks.

IDEAL FOR

Those with low growth hormone, seeking anti-aging or fitness benefits, or poor body composition.

CONTRAINDICATIONS

Active cancer, tumors, pregnancy. Consult physician.

Ipamorelin

Selective GH secretagogue, enhances recovery, improves sleep, supports fat loss with minimal cortisol impact.

3,500 THB / vial

5 mg per vial · approx. 1 vial / month

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

5 days/week (100-200 mcg) — fast 2-3 hours prior to injection

HOW IT WORKS

A selective ghrelin receptor agonist that gently stimulates GH release without increasing appetite, cortisol, or prolactin — the cleanest GH secretagogue with minimal side effects.

WHEN TO SEE EFFECT

Gradual improvement in body composition and sleep over several weeks.

IDEAL FOR

Individuals with low growth hormone who want fat loss and recovery without side effects.

CONTRAINDICATIONS

Cancer, tumors, pregnancy.

Tesamorelin

Reduces visceral fat, improves body composition, supports metabolic health and GH axis.

6,000 THB / vial

10 mg per vial (10 injections) · approx.
2–3 vials / month

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

5 days/week (1 mg) — fast 2–3
hours prior to injection

HOW IT WORKS

A stabilized GHRH analogue that powerfully stimulates the GH/IGF-1 axis and specifically reduces visceral abdominal fat and triglycerides.

WHEN TO SEE EFFECT

Noticeable visceral fat loss and improved cognition within 3–6 months.

IDEAL FOR

Those with visceral belly fat, low IGF-1, lipodystrophy, or age-related metabolic decline.

CONTRAINDICATIONS

Cancer, active tumors, pregnancy.

Weight Loss, Sport Performance & Men's Health

Metabolism, fat loss, appetite regulation, and mitochondrial performance.

O-304 (ATX-304)

Direct pan-AMPK activator — metabolic reprogramming for fat loss, insulin sensitivity, liver health, and cardiovascular function.

7,000 THB / bottle

30 capsules (100 mg each) · 1 bottle / month

ROUTE

Oral capsule

DOSING & FREQUENCY

100 mg once daily — 1–2 months on, then 1 month off before repeating

HOW IT WORKS

A small-molecule direct pan-AMPK activator — the body's master cellular energy sensor. O-304 binds and activates AMPK directly across all tissues simultaneously, shifting cellular metabolism from energy storage to energy utilization. A Phase IIa human trial in T2D patients on Metformin demonstrated significant reductions in fasting plasma glucose, HOMA-IR, blood pressure, and improved microvascular perfusion after 28 days.

WHEN TO SEE EFFECT

Metabolic changes within weeks; significant insulin-sensitivity and body-composition improvements over 1–2 months. Cardiovascular benefits observed at 28 days in clinical trial.

IDEAL FOR

Overweight/obese individuals, metabolic syndrome, insulin resistance, fatty liver (MASLD/NAFLD), type 2 diabetes (adjunct), athletes seeking an oral exercise-mimetic.

CONTRAINDICATIONS

Investigational compound — not FDA-approved. Long-term human safety data not yet established. Consult physician. Avoid during pregnancy.

MOTS-c

Boosts metabolism, mimics exercise, supports weight loss and energy.

6,000 THB / injection

10 mg per injection · 4–5 injections / month

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

Once weekly for 2–3 months, pause for 2 months

HOW IT WORKS

Activates AMPK pathways in mitochondria, shifting cellular metabolism toward fat oxidation and mimicking the metabolic benefits of exercise.

WHEN TO SEE EFFECT

Metabolic changes and energy improvements within a few weeks.

IDEAL FOR

Individuals seeking weight loss, athletic performance, or metabolic health improvement.

CONTRAINDICATIONS

Not established; consult physician.

Tesofensine

Potent appetite suppression via triple monoamine reuptake inhibition.

9,000 THB / bottle

30 capsules · 1 bottle / month

ROUTE

Oral capsule

DOSING & FREQUENCY

One capsule each morning

HOW IT WORKS

Inhibits reuptake of serotonin, dopamine, and noradrenaline in the brain — significantly reducing appetite and increasing satiety.

WHEN TO SEE EFFECT

Reduced appetite within days to 1 week; significant weight changes over several months.

IDEAL FOR

Those with obesity, binge eating patterns, or difficulty controlling appetite.

CONTRAINDICATIONS

Uncontrolled hypertension, heart disease, MAO inhibitors. Physician supervision required.

Retatrutide

Triple agonist (GLP-1 / GIP / Glucagon)
— powerful weight loss and metabolic optimization.

10,000 THB / vial

4 mg per vial · varies by dose titration

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

Start 0.5 mg once weekly — titrate monthly based on response

HOW IT WORKS

A triple hormone receptor agonist targeting GLP-1, GIP, and Glucagon simultaneously — producing powerful, complementary weight loss effects.

WHEN TO SEE EFFECT

Reduced appetite within days; significant weight loss over 12–48 weeks.

IDEAL FOR

Adults with obesity or type 2 diabetes requiring metabolic optimization.

CONTRAINDICATIONS

Personal/family history of medullary thyroid cancer, MEN-2 syndrome, pancreatitis, pregnancy.

Neuro & Focus

Cognitive enhancement, anxiety reduction, neuroprotection, and mental clarity.

Day vs. night dosing: Semax is a daytime cognitive enhancer — take in the morning for focus and clarity. Selank is an evening anxiolytic — take at night for stress relief and sleep preparation.

Selank

Anti-anxiety, mood stabilizer, enhances focus and reduces stress without sedation.

4,500 THB / bottle

60 sprays per bottle · 1 bottle / month

ROUTE

Intranasal spray

DOSING & FREQUENCY

1 spray in each nostril 1-2 times daily (evening / nighttime)

HOW IT WORKS

Regulates the enkephalin system and modulates stress-related neurotransmitters (serotonin, dopamine, BDNF) — reducing anxiety and improving mood while enhancing memory consolidation.

WHEN TO SEE EFFECT

Reduced anxiety and improved sleep within days; cognitive benefits over 1-2 weeks.

IDEAL FOR

Individuals with anxiety, depression, PTSD, ADHD, or stress-related cognitive impairment.

CONTRAINDICATIONS

Not established; consult physician.

Semax

Neuroprotective cognitive enhancer — boosts memory, focus, and nerve regeneration.

4,500 THB / bottle

60 sprays per bottle · 1 bottle / month

ROUTE

Intranasal spray

DOSING & FREQUENCY

1 spray in each nostril 1–2 times daily (daytime)

HOW IT WORKS

Stimulates BDNF (Brain-Derived Neurotrophic Factor), promotes NGF (Nerve Growth Factor), and improves dopaminergic neurotransmission — protecting neurons and enhancing neuroplasticity.

WHEN TO SEE EFFECT

Improved focus and mental energy within days; neuroprotective benefits over weeks.

IDEAL FOR

Those with ADHD, stroke recovery, anxiety, cognitive decline, or neurodegenerative disease.

CONTRAINDICATIONS

Not established; consult physician.

Healing, Gut Health & Skin Repair

Tissue regeneration, tendon and muscle repair, gut lining integrity, and skin rejuvenation.

BPC-157

Accelerates tendon, ligament, and muscle healing, reduces inflammation, gut repair, pain relief.

3,500 THB / vial

5 mg per vial · 3–6 vials / month

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

Once daily (0.5–1 mg) for 2 months, pause for 2 months

HOW IT WORKS

Upregulates growth hormone receptors, stimulates VEGF (angiogenesis), and activates the FAK-paxillin pathway — accelerating healing across tendons, muscles, gut, and brain.

WHEN TO SEE EFFECT

Pain reduction and measurable healing within 1–2 weeks of daily use.

IDEAL FOR

Those with gut issues (leaky gut, IBS, GERD) or musculoskeletal injuries.

CONTRAINDICATIONS

Avoid during active cancer treatment; not established otherwise.

Thymosin Beta-4 (TB-500)

Regenerates injured tissues, reduces inflammation, promotes new blood vessel formation.

4,800 THB / vial

10 mg per vial · approx. 1.5 vials / month

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

Once daily (0.5 mg) for 2 months, pause for 2 months

HOW IT WORKS

Stimulates angiogenesis (new blood vessel growth) and activates satellite cells for muscle regeneration — broadly promoting tissue repair throughout the body.

WHEN TO SEE EFFECT

Faster healing of acute injuries within weeks; chronic injury response over 1–2 months.

IDEAL FOR

Athletes, post-surgery patients, or those with acute or chronic musculoskeletal injuries.

CONTRAINDICATIONS

Not established; consult physician.

BPC-157 (Oral)

Gut lining repair, GI inflammation reduction, and nutrient absorption improvement.

5,000 THB / bottle

30 capsules · 1 bottle / month

ROUTE

Oral capsule

DOSING & FREQUENCY

1–2 capsules daily (500–1,000 mcg)

HOW IT WORKS

Locally repairs the intestinal mucosa, reduces inflammatory cytokines, and restores gut barrier integrity — specifically beneficial for gastrointestinal conditions.

WHEN TO SEE EFFECT

GI symptom improvement within 1–2 weeks; full gut restoration over 1–2 months.

IDEAL FOR

Those with IBD, IBS, leaky gut, ulcerative colitis, or GERD.

CONTRAINDICATIONS

Avoid during cancer treatment; not established otherwise.

GHK-Cu

Collagen stimulation, wound healing, skin rejuvenation, hair growth, anti-inflammatory.

4,500 THB / vial

50 mg per vial (25 days) · approx. 1 vial / month

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

Once daily (2 mg) for 2–3 months, pause for 2 months

HOW IT WORKS

A naturally occurring copper peptide that stimulates collagen, elastin, and glycosaminoglycan synthesis; attracts immune cells and fibroblasts to wound sites; and activates antioxidant enzymes for tissue repair.

WHEN TO SEE EFFECT

Improved wound healing and skin quality over 2–4 weeks; hair effects over 1–3 months.

IDEAL FOR

Those with skin damage, scars, hair loss, or seeking anti-aging skin and tissue effects.

CONTRAINDICATIONS

Not established; consult physician.

KPV

Potent anti-inflammatory peptide — reduces gut inflammation without skin pigmentation side effects.

3,500 THB / bottle

30 capsules · 1 bottle / month

ROUTE

Oral capsule

DOSING & FREQUENCY

One capsule once daily with or without food

HOW IT WORKS

A tripeptide derived from alpha-MSH that suppresses NF-kB signaling and reduces pro-inflammatory cytokines (IL-6, TNF-alpha) — without stimulating melanin production or skin darkening.

WHEN TO SEE EFFECT

Reduced inflammation over days to weeks; gut symptom improvement over 1-2 months.

IDEAL FOR

Those with inflammatory bowel disease, Crohn's, skin disorders, or slow wound healing.

CONTRAINDICATIONS

Not established; consult physician.

Sleep Disorders

Sleep quality improvement, nighttime stress reduction, and brain stress-protective effects.

Epithalon

Telomere protection, anti-aging, improved sleep quality, immune support.

24,000 THB / cycle

per cycle (every 6 months)

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

Every 2-3 days x 15 injections per cycle

HOW IT WORKS

Regulates the pineal gland's melatonin secretion — restoring natural circadian rhythm and sleep architecture — while stimulating telomerase activity to protect telomere length.

WHEN TO SEE EFFECT

Sleep and energy improvements progressively over the 15-injection treatment course.

IDEAL FOR

Those with sleep disorders, age-related sleep degradation, or seeking anti-aging benefits.

CONTRAINDICATIONS

Not established; consult physician.

DSIP (Delta Sleep-Inducing Peptide)

Promotes deep delta-wave sleep, reduces stress and nighttime cortisol.

2,500 THB / vial

5 mg per vial (10–20 uses) · approx. 1–2 vials / month

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

2–6 hours before bedtime (250–500 mcg)

HOW IT WORKS

Modulates delta-wave (slow-wave) sleep initiation, reduces nocturnal ACTH and cortisol, and exerts a stress-protective effect on the hypothalamic-pituitary axis.

WHEN TO SEE EFFECT

Improved sleep quality within days; most notable for stress-related insomnia.

IDEAL FOR

Individuals with insomnia, stress-related sleep issues, chronic pain, or shift workers.

CONTRAINDICATIONS

Not established; consult physician.

Libido & Sexual Health

Enhanced libido, sexual function, bonding, and intimate well-being.

PT-141

Directly enhances sexual desire in both men and women via melanocortin pathways.

6,000 THB / vial

10 mg per vial (5–10 uses) · 1 vial / 1–2 months (as needed)

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

As needed, up to 3 times/week — 1–2 hours prior to desired effect (1–2 mg/injection)

HOW IT WORKS

Acts on MC4R melanocortin receptors in the hypothalamus — directly activating the brain's sexual arousal pathways. Effective for both men and women regardless of hormonal status.

WHEN TO SEE EFFECT

Arousal enhancement within minutes to 1–2 hours of administration.

IDEAL FOR

Men with erectile dysfunction or women with hypoactive sexual desire disorder.

CONTRAINDICATIONS

Uncontrolled hypertension, pregnancy, breastfeeding.

PT-141 Nasal Spray

Enhances libido and sexual function via intranasal delivery.

6,000 THB / bottle

60 sprays per bottle · 1 bottle / month

ROUTE

Intranasal spray

DOSING & FREQUENCY

1 spray in each nostril once daily

HOW IT WORKS

Same MC4R melanocortin receptor activation as injectable PT-141 — delivered nasally for faster absorption and convenience without injection.

WHEN TO SEE EFFECT

Arousal effects within minutes to 1 hour.

IDEAL FOR

Those preferring non-injection delivery for libido and sexual function support.

CONTRAINDICATIONS

Uncontrolled hypertension, pregnancy.

Oxytocin

Enhances bonding, intimacy, social connection, and supports sexual health.

5,000 THB / bottle

60 sprays per bottle · 1 bottle / month

ROUTE

Intranasal spray

DOSING & FREQUENCY

1 spray in each nostril once daily

HOW IT WORKS

The endogenous 'bonding hormone' — binds oxytocin receptors in the limbic system, reducing social anxiety, increasing trust and empathy, and enhancing physical intimacy.

WHEN TO SEE EFFECT

Subtle mood, bonding, and social effects within minutes; cumulative with regular use.

IDEAL FOR

Those with low libido, difficulty with intimacy, social anxiety, or relationship challenges.

CONTRAINDICATIONS

Not established; consult physician.

Boost Hormone

Natural stimulation of LH, FSH, testosterone, and estrogen balance.

Kisspeptin-10

Stimulates natural release of LH and FSH, boosts testosterone and estrogen balance, supports fertility and libido.

6,000 THB / vial

3 mg per vial · 1–2 vials / month

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

Once daily (100–200 mcg) for 2–3 months

HOW IT WORKS

Activates GnRH neurons in the hypothalamus, triggering pulsatile release of LH and FSH — the master hormones that drive natural testosterone production in men and ovarian hormone production in women.

WHEN TO SEE EFFECT

Hormonal changes within days to weeks; fertility and libido improvements over 1–3 months.

IDEAL FOR

Those with low LH/FSH-driven hypogonadism, infertility, or low libido from hormonal insufficiency.

CONTRAINDICATIONS

Hormone-sensitive cancer, pregnancy (physician monitoring required).

Wolverine Protocol — BPC-157 + TB-500 Stack

The accelerated recovery protocol: a synergistic dual-peptide stack for soft-tissue, tendon, and nerve healing.

Why combine BPC-157 and TB-500? They target overlapping but distinct phases of tissue repair. BPC-157 drives tendon, ligament and gut healing via growth-hormone-receptor upregulation and the FAK-paxillin pathway; TB-500 (Thymosin Beta-4) accelerates cellular migration and angiogenesis. Together they cover the full repair cascade. Physician-supervised, subcutaneous, certified partner pharmacy. Loading weeks 1–4 and maintenance weeks 5–8

(both peptides 500–1,000 mcg SC once daily), then a 4-week rest and reassessment.

BPC-157 (Foundation)

Body Protection Compound-157

Drives tendon, ligament and gut healing; foundation of the stack.

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

500–1,000 mcg SC once daily
(loading weeks 1–4, maintenance weeks 5–8)

HOW IT WORKS

A 15-amino acid peptide derived from gastric juice. Upregulates growth hormone receptors in tendon fibroblasts, modulates the nitric oxide system, and activates the FAK-paxillin signalling pathway — accelerating structural repair of connective tissue, muscle, and gut lining.

KEY ACTIONS

- | | |
|--|--|
| → Accelerates tendon-to-bone and tendon-to-muscle healing | → Promotes intestinal mucosal repair and gut barrier restoration |
| → Upregulates VEGF — stimulating local blood vessel ingrowth | → Modulates nitric oxide to improve local blood flow and reduce pain |
| → Anti-inflammatory via suppression of TNF-alpha and IL-6 | → Neuroprotective — supports nerve fibre repair and growth |

TB-500 (Amplifier)

Thymosin Beta-4 (Synthetic)

Accelerates cellular migration and angiogenesis; amplifies the stack.

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

500–1,000 mcg SC once daily
(loading weeks 1–4, maintenance
weeks 5–8)

HOW IT WORKS

A synthetic version of Thymosin Beta-4, found in highest concentrations at injury sites. Sequesters G-actin monomers, promoting cellular migration and actin polymerization — the body's primary signal to begin wound healing and angiogenesis.

KEY ACTIONS

- Promotes cellular migration to injury sites — accelerates repair initiation
- Stimulates angiogenesis — new capillary formation to supply healing tissue
- Activates muscle satellite cells for myofibril regeneration
- Reduces scar tissue formation through MMP modulation
- Anti-fibrotic — prevents excessive collagen cross-linking
- Broad systemic reach — travels systemically to remote injury sites

Wolverine Protocol Stack

Signature Stack

BPC-157 + TB-500 Combined

8-week physician-directed combined protocol with mid-point review and 90-day follow-up.

Consult physician

Individually prescribed · dose & duration tailored to injury

HOW IT WORKS

Includes: private physician consultation, personalised dose prescribed per assessment, certified partner pharmacy sourcing, 8-week protocol with mid-point review, SC injection training, and 90-day follow-up reassessment. Ideal for acute injuries (muscle tears, tendon ruptures, ligament sprains, post-surgical recovery, rotator cuff, ACL/PCL, Achilles repair) and chronic/degenerative presentations (tendinopathy, chronic back pain, repetitive strain, non-healing wounds, nerve damage, inflammatory bowel conditions, exercise-induced gut permeability).

CONTRAINDICATIONS

Physician-supervised use only. BPC-157 and TB-500 are research peptides, not FDA-approved for any specific indication. Patients with active malignancy should consult their oncologist before initiating.

Frequently asked

Why are peptide prices indicative rather than fixed?

Each peptide protocol is individually prescribed after a physician assessment. Prices listed are indicative per vial, bottle or cycle and may change based on your personalised dose, duration and partner-pharmacy sourcing.

Why do peptides take 3 working days to start?

Peptides are not stocked on-site. They are prepared and shipped from certified partner pharmacies, so please allow a minimum of 3 working days for ordering and delivery before your scheduled therapy.

Who supervises peptide protocols at Healthi Life?

All peptide protocols are designed and supervised by a physician. Long-term integration into longevity programs is overseen by Dr. Sarassawadee Suwanjinda (Dr. Petch), Chief Medical Strategy Officer.

Peptide therapies offered at Healthi Life Longevity Center are intended to support health, wellness, and quality of life. They are not intended to diagnose, treat, cure, or prevent any disease, and should not replace medical advice from your primary care physician or specialist. Programs require individual clinical assessment. Prices are indicative and subject to change based on personalized protocols. Results may vary depending on individual health status, age, and compliance with lifestyle recommendations.

 This page is for general information and does not constitute medical advice, diagnosis, or treatment. Results vary between individuals. Every medicine and peptide listed here is dispensed only after a medical consultation at Healthi Life and on a physician's prescription. Prices are published for transparency, not as an offer to supply. Always consult a qualified physician about your condition. See our [full medical disclaimer](#).

NEURO EXOSOME IV — COGNITIVE LONGEVITY SUPPORT

Neuro Exosome IV

Cell-free exosome IV therapy intended to support mental clarity, cognitive wellness, sleep quality and stress resilience as part of a proactive healthy-aging routine — physician-assessed, at the level of the cell's own signaling.

Neuro Exosome IV

GMP-Grade

Accredited Partner Labs

Cognition

Sleep

Stress Resilience

Cell-free Neuro Exosome IVs deliver neural signaling molecules (weekly maintenance or monthly therapeutic). Batches are verified by GMP / ISO-accredited partner laboratories and every session is physician-assessed. This is a complementary wellness program — not a substitute for prescribed medical care, and not a treatment or cure for any neurological disease.

Neuro Exosome IV

Cell-free signalling particles — CD9/CD81 >95%, accredited partner labs.

Exosomes harvested from neural-programmed MSCs (~200 nm) carrying neurotrophic proteins and signaling molecules (BDNF, NGF, GDNF) and neuro-regulatory cytokines. Intended to support everyday cognitive wellness: days 1-7 a calmer, clearer baseline; weeks 2-6 focus & resilience; months 6-12 sustained cognitive vitality. Physician-assessed; outcomes vary and are not guaranteed.

Neuro Exosome IV — 10ml (Standard)

>50 billion particles

Maintenance dose for ongoing brain health & performance.

40,000 THB

>50 billion particles

ROUTE

IV drip, physician-supervised

DOSING & FREQUENCY

10ml weekly (maintenance).

IDEAL FOR

Healthy executives and high performers seeking proactive cognitive support.

Neuro Exosome IV — 50ml (Therapeutic)

>250 billion particles

A higher particle count for a more intensive schedule.

180,000 THB

5× higher particle count

ROUTE

IV drip, physician-supervised

DOSING & FREQUENCY

50ml once monthly.

IDEAL FOR

Healthy adults choosing a more intensive cognitive-support schedule, physician-assessed.

Frequently asked

What is Neuro Exosome IV for?

It is intended to support everyday cognitive wellness — mental clarity, focus, sleep quality and stress resilience — in otherwise healthy adults, as part of a healthy-aging routine. It is not offered for, and is not a treatment for, any neurological disease. Suitability is determined only after a physician assessment.

How is the safety verified?

Neuro Exosome IVs are cell-free nano-particles (no living cells). Every batch carries an independent Certificate of Analysis from a GMP / ISO-accredited partner laboratory: CD9/CD81 >95% identity, verified particle count and size, and full sterility testing. As with any IV therapy, a physician confirms suitability first.

How should I prepare?

Stay well hydrated for 24 hours, have a light meal 2–3 hours prior, avoid alcohol for 24 hours, sleep well, and inform your physician of any medical conditions or recent infections. Mild fatigue or light headache afterwards is uncommon and typically resolves within a day.

Neuro Exosome IV is a complementary wellness program intended to support cognitive wellness as part of healthy aging. It is physician-assessed and is not a treatment, cure or diagnosis for any neurological disease. Every body responds differently and results cannot be guaranteed. This document is informational and does not constitute a binding offer nor medical advice.

 This page is for general information and does not constitute medical advice, diagnosis, or treatment. Results vary between individuals. Every medicine and peptide listed here is dispensed only after a medical consultation at Healthi Life and on a physician's prescription. Prices are published for transparency, not as an offer to supply. Always consult a qualified physician about your condition. See our [full medical disclaimer](#).

PLACENTA HORMONE — BIOLOGICAL RENEWAL

Placenta Hormone Therapy

Five precision-formulated placenta-extract programmes designed to restore hormonal balance, revive cellular vitality and recalibrate your body's most fundamental regulatory systems.

Bioactive Extract Growth Factor Therapy GMP-Grade
Physician-Supervised Men Women Menopause Fertility

Universal pricing: \$15,000 per injection across all five programmes. Each injection is a complete, certified dose of biological growth factors, hormones and regenerative signalling compounds. Every batch carries a Certificate of Analysis (9-pathogen clearance, full hormone quantification, sterility). This is not hormone replacement — it is biological re-activation of your body's own regulatory capacity.

The Five Programmes

Each \$15,000 per injection · intramuscular · protocols individually designed by your physician.

Standard protocol: a loading phase of weekly injections in Month 1 (4 sessions) to establish therapeutic tissue levels, followed by a maintenance phase every 2 weeks or monthly, adjusted by physician review. Most patients notice improvements in energy and sleep within 2-3 weeks.

TestoRevive

HiTesto · 3ml per injection

Men's hormonal health — testosterone, energy, performance, libido.

15,000 THB

≈ USD 430 · per injection · 3ml IM

ROUTE

Intramuscular (IM), administered by physician

DOSING & FREQUENCY

Loading: weekly × 4 (Month 1).
Maintenance: every 2 weeks or monthly.

HOW IT WORKS

CoA: Testosterone 305 ng, IGF-1 570 µg, HGH 10 IU, β-hCG 61.5 IU, Estradiol 33 ng, Progesterone 21.3 ng. Restores the male endocrine system's own productive capacity — biological re-activation, not testosterone replacement.

IDEAL FOR

Men 35+ with fatigue, low drive, reduced libido, difficulty maintaining muscle, brain fog or mood changes.

LadyRevive

Lady Factor · 3ml per injection

Women's hormonal health — balance, skin vitality, pre-menopausal support.

15,000 THB

≈ USD 430 · per injection · 3ml IM

ROUTE

Intramuscular (IM), administered by physician

DOSING & FREQUENCY

Loading: weekly × 4 (Month 1).
Maintenance: every 2 weeks or monthly; reviewed quarterly.

HOW IT WORKS

CoA: Estradiol 200 ng, Progesterone 320.5 ng, β-hCG 675 IU, IGF-1 450 µg, HGH 10 IU. Restores the oestrogen-progesterone-androgen balance, supports collagen, bone density and cycle regulation.

IDEAL FOR

Women with irregular cycles/PMS, fatigue, mood swings, declining skin/hair, perimenopausal fluctuations or post-pregnancy restoration.

MenopauseRevive

Highest oestradiol/progesterone

Lady Factor Plus · 3ml per injection

Peri- & post-menopausal — deep hormonal restoration.

15,000 THB

≈ USD 430 · per injection · 3ml IM

ROUTE

Intramuscular (IM), administered by physician

DOSING & FREQUENCY

Loading: weekly × 4 (Month 1).
Maintenance: every 2 weeks (Months 2-3); personalised quarterly.

HOW IT WORKS

Highest oestradiol (400 ng) and progesterone (750 ng) in the range. Unlike conventional HRT, delivers these within a matrix of growth factors and cofactors that support receptor sensitivity and reduce inflammation. Eases hot flushes, sleep, bone density, urogenital and emotional stability.

IDEAL FOR

Women navigating perimenopause and post-menopause.

AdrenalRevive

HPEx Premium · 5ml per injection

Total-body restoration — the broadest formulation in the range.

15,000 THB

≈ USD 430 · per injection · 5ml IM

ROUTE

Intramuscular (IM) or subcutaneous, administered by physician

DOSING & FREQUENCY

Loading: weekly × 4–6 (Months 1–2). Maintenance: monthly or every 6 weeks.

HOW IT WORKS

Highest Total Protein Factor ($\geq 10,000 \mu\text{g}$) and IGF-1 ($1,260 \mu\text{g}$), and the only formula with DHEA ($9,950 \text{ pg}$) — the master precursor of all sex hormones. A whole-body regenerative reset for immune, skin, energy, recovery and cognition. Suitable for men and women.

IDEAL FOR

Those seeking comprehensive biological restoration rather than targeted hormonal correction.

FertilityRevive

BioPremium HuCGo · 5ml per injection

Fertility & reproductive health — ovulation and cycle support.

15,000 THB

≈ USD 430 · per injection · 5ml IM · 8-session program

ROUTE

Intramuscular (IM), administered by physician

DOSING & FREQUENCY

Induction: weekly × 4 (Month 1). Maintenance: every 2 weeks (Months 2–3). Total 8 sessions.

HOW IT WORKS

Built around β -hCG at 5,000 IU (highest in range) plus IGF-1 $750 \mu\text{g}$ — triggering ovarian follicle maturation and egg release, regulating cycles, and supporting male fertility via Leydig-cell testosterone production.

IDEAL FOR

Men and women optimising fertility, ovulation, cycle regularity and IVF preparation.

Frequently asked

Is placenta extract therapy hormone replacement?

No. Rather than replacing your biology with exogenous hormones, placenta extract delivers growth factors, hormones and signalling compounds within the ratios your body recognises — restoring its own capacity to regulate itself.

How is each batch verified?

Every product is independently certified: 9-pathogen infectious-disease clearance (HIV, HBV, HCV, CMV, HSV, Syphilis — all non-reactive), full hormone quantification, and sterility testing (mycoplasma, endotoxin, bacterial, fungal). Certificates of Analysis are available on request.

How quickly will I feel results?

Most patients notice initial improvements in energy and sleep within 2–3 weeks of the loading phase. Menopausal symptom relief typically begins within 3–5 weeks; fertility cycle normalisation often begins in weeks 3–5.

These products are administered under physician supervision only and require individual clinical assessment. Every body responds differently and results cannot be guaranteed. Prices are indicative and subject to change based on personalised protocols. This document is informational and does not constitute a binding offer nor a diagnosis.

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MEN'S HEALTH — HORMONE OPTIMISATION & TRT

Men's Hormone / TRT

A physician-led pathway for men with fatigue, low drive, reduced libido, muscle loss, weight gain or brain fog — from precise testosterone mapping to natural testosterone support and libido protocols, all individually assessed and medically supervised.

Testosterone Mapping

TestoRevive

Natural (Non-Synthetic)

Libido Peptides

PT-141

Kisspeptin-10

Men 35+

Performance & Vitality

Healthi Life's approach supports your body's OWN testosterone production — biological re-activation, not synthetic hormone replacement. Every protocol begins with a hormone panel and physician review; nothing is prescribed without a confirmed clinical picture. Confidential testing.

Step 1 — Hormonal Assessment

Map before you treat — testosterone, thyroid, adrenal & metabolic markers.

A physician-led blood panel that identifies the hormonal drivers of fatigue, low libido, weight change, mood instability and cognitive decline — and provides the baseline data every TRT decision is built on. Morning fasting draw; results in ~5 business days.

Male Performance & Testosterone Mapping

Testosterone, Thyroid & Metabolic Panel

Comprehensive male hormone, thyroid and metabolic panel + physician interpretation.

12,000 THB

incl. physician consultation · results in ~5 days

ROUTE

Morning fasting blood draw

HOW IT WORKS

Markers: total & free testosterone, DHEA-S, cortisol, estradiol, SHBG, FSH, LH, plus a full thyroid panel (TSH, Free T3, Free T4). Followed by a detailed physician consultation with a personalised strategy.

IDEAL FOR

Men 35+ with fatigue or low energy, reduced libido or performance concerns, unexplained weight gain or muscle loss, or anyone wanting baseline hormonal data for longevity planning.

Full Hormone Panel (within Check-Up Elite)

15-marker hormone panel as part of a complete biomarker assessment.

Included from 50,000 THB

à valider · part of the Elite check-up tier (see Check-Up menu)

ROUTE

Blood draw

IDEAL FOR

Men who want hormones read inside a full-body biomarker work-up rather than a standalone panel.

Step 2 — Testosterone Support (TRT)

TestoRevive — natural testosterone optimisation, not synthetic HRT.

TestoRevive uses placenta-derived growth factors, hormones and signalling compounds to support the male endocrine system's own productive capacity — working with your biology rather than replacing it. Most men benefit from 1–3 sessions; many adopt quarterly maintenance. Benefits in energy and drive are often felt within days to a week, with hormonal benefits developing over 2–4 weeks.

TestoRevive — Single Session

HiTesto · 3ml IM

Complete placenta therapy session for male hormonal optimisation.

15,000 THB

≈ USD 430 · 60-minute session · consultation included

ROUTE

Intramuscular (IM), administered by physician

DOSING & FREQUENCY

Loading: weekly × 4 (Month 1).
Maintenance: every 2 weeks or monthly, per physician review.

HOW IT WORKS

CoA: Testosterone 305 ng, IGF-1 570 µg, HGH 10 IU, β-hCG 61.5 IU, Estradiol 33 ng, Progesterone 21.3 ng. Supports natural testosterone production pathways — works with the endocrine system, maintaining the body's own hormone regulation.

IDEAL FOR

Men 35+ with fatigue, low drive, reduced libido, difficulty maintaining muscle, brain fog or mood changes.

CONTRAINDICATIONS

Hormone-sensitive conditions — physician assessment required.

TestoRevive Energy Plus

TestoRevive combined with an energy-boosting IV infusion for maximum results.

22,000 THB

single combined session

ROUTE

IM injection + IV infusion,
physician-supervised

IDEAL FOR

Men wanting hormonal support plus
an immediate energy and recovery
lift in one visit.

TestoRevive Quarterly Package

Best value

Men's wellness package for quarterly
optimisation (use within 12 months).

45,000 THB

multi-session package · à valider

ROUTE

IM injection series, physician-
supervised

IDEAL FOR

Men adopting testosterone support
as a sustained quarterly ritual.

Step 3 — Libido & Drive (Peptides)

Targeted peptides for sexual desire and natural hormone stimulation.

Physician-prescribed peptides that act on the brain's arousal pathways (PT-141) or stimulate the body's own LH/FSH/testosterone axis (Kisspeptin-10). Prepared and shipped from certified partner pharmacies — allow a minimum of 3 working days. See the Peptide menu for the full catalogue.

PT-141 (Bremelanotide)

Directly enhances sexual desire via melanocortin (MC4R) pathways in the brain.

6,000 THB / vial

10 mg per vial (5–10 uses) · ~1 vial / 1–2 months as needed

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

As needed, up to 3×/week — 1–2 hours before desired effect (1–2 mg/injection).

HOW IT WORKS

Acts on MC4R melanocortin receptors in the hypothalamus, directly activating sexual-arousal pathways — effective regardless of hormonal status.

IDEAL FOR

Men with erectile dysfunction or reduced libido.

CONTRAINDICATIONS

Uncontrolled hypertension.

PT-141 Nasal Spray

Same MC4R activation as injectable PT-141, delivered intranasally.

6,000 THB / bottle

60 sprays per bottle · ~1 bottle / month

ROUTE

Intranasal spray

DOSING & FREQUENCY

1 spray in each nostril once daily.

IDEAL FOR

Men preferring a non-injection option for libido and sexual function.

CONTRAINDICATIONS

Uncontrolled hypertension.

Kisspeptin-10

Stimulates natural LH/FSH release — boosting the body's own testosterone.

6,000 THB / vial

3 mg per vial · 1–2 vials / month

ROUTE

Subcutaneous injection

DOSING & FREQUENCY

Once daily (100–200 mcg) for 2–3 months.

HOW IT WORKS

Activates GnRH neurons in the hypothalamus, triggering pulsatile LH and FSH release — the master hormones driving natural testosterone production. A natural-axis alternative or complement to TRT.

IDEAL FOR

Men with LH/FSH-driven hypogonadism, low libido, or those preferring to stimulate (not replace) their own testosterone.

CONTRAINDICATIONS

Hormone-sensitive cancer — physician monitoring required.

Step 4 — Follow-Up & Monitoring

Re-test, review, and adjust — hormone optimisation is iterative.

Hormone Re-Test & Physician Review

Repeat panel and consultation to track response and tune the protocol.

From 13,900 THB

à valider · re-run of the testosterone mapping panel + review

ROUTE

Blood draw + physician consultation

HOW IT WORKS

Recommended after the loading phase and periodically thereafter to confirm levels are moving toward target, adjust dosing/frequency, and integrate results into a longer-term longevity plan. International guests can complete review consultations remotely.

IDEAL FOR

All men on a TRT or peptide protocol.

Frequently asked

Is this synthetic testosterone replacement (TRT)?

No. The clinic's core approach (TestoRevive) supports your body's own testosterone production using placenta-derived growth factors and signalling compounds — biological re-activation rather than introducing synthetic hormones. This helps maintain your body's natural hormone regulation. Peptides such as Kisspeptin-10 likewise stimulate your own LH/FSH/testosterone axis.

Why start with a hormone panel?

Because nothing is prescribed blind. The Male Performance & Testosterone Mapping panel (\$12,000) measures total & free testosterone, DHEA-S, cortisol, estradiol, SHBG, FSH, LH and a full thyroid panel — establishing the baseline every TRT or peptide decision is built on, and the data you re-test against.

How soon will I feel results?

Many men report more energy within a few days to a week of TestoRevive, with optimal hormonal benefits developing over 2–4 weeks. Libido peptides like PT-141 act within minutes to a couple of hours. Most men benefit from 1–3 TestoRevive sessions, with quarterly maintenance common.

Is it safe, and are there side effects?

Treatments are administered in a clinical setting under physician supervision using pharmaceutical-grade products with batch Certificates of Analysis. Side effects are rare and typically mild — minor swelling or temporary redness at the injection site that resolves quickly. Suitability is confirmed after consultation and testing.

Men's hormone protocols are administered under physician supervision and require individual clinical assessment and prior hormone testing. TestoRevive and peptide therapies support the body's own hormonal regulation and are not synthetic hormone replacement. Peptides are research compounds prepared by certified partner pharmacies (allow ≥3 working days). Prices are indicative — those marked 'à valider' must be confirmed against the current HL2026 price list before use. Every body responds differently and results cannot be guaranteed. This document is informational and does not constitute a binding offer nor a diagnosis.

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